

*Should we open? Being active and engaged is vital to our wellbeing. We know that participating at the Chelsea Senior Center is a great way to stay emotionally healthy and keep loneliness and isolation away. But we need to stay physically healthy too, so we've been very thoughtful about when we will open, what programs and services we will offer, and the precautions we are taking to keep you safe. We hope to open on **Monday, August 17!***


Please take a look at the information here and know that the August newsletter will mail about July 23 and will include the monthly calendar and more details about the programs and services you'll see in August when we're back together. Let us know if you have questions or concerns in the meantime.

Entrance and Exit

The main entrance, from the north lot, will be the **single entrance point** into our building. You will be able to exit out any of the doors down our hall.



Parking



Parking will be available in both the north and east lots. With the **single entrance point** into the building closest to the north lot, **please be considerate** when choosing a parking spot. If you are more able, save the close parking spots for those who are less able.

Safety First

To keep us all healthy, everyone entering the building is required to wear a mask/face shield and will be **screened**.

- Touchless temperature check
- Brief health questions

If you have a temperature above 100.00, have COVID-19 symptoms, have been in close contact with someone who tested positive for COVID-19, or will not wear a mask or face shield, you will be asked to join us at a later date.



Checking In

The check-in computer will be moved to the entrance area to avoid a bottleneck in the more confined office.

Membership will be required to participate at the Center. If you don't have a current membership or need a new card, we'll have you go to the office before doing your activity. By checking in with your membership card, you help us support the Washtenaw County Health Department's efforts to contract trace should we have a positive COVID-19 case.



What You Can Do to Help

We want everyone to enjoy the Senior Center that you know and love. Help us stay vital:

- 
- Stay home if you don't feel well
 - Wash your hands regularly, use the hand sanitizer and wipes provided
 - Keep your face mask on
 - Respect the 6 foot social distancing requirement
 - Bring water, beverages, snacks, hand sanitizer
 - Bring weights and equipment when possible
 - Leave personal items in the car when possible: coats, purses, etc.
 - Give yourself extra time to park and get into the building so programs can start on time
 - Have fun, smile, enjoy being with people

We are looking for volunteers to help us safely sanitize high touch areas each afternoon after we re-open. If you'd like to help, let us know. Thank you!





Programs and Classes

See the list below for the programs we plan to offer in August. You'll note that not all programs are coming back at first and times, locations and procedures may be different.

There are a variety of reasons for these changes, but at the root of each decision is safety—**maintaining safe distancing**: programs and classes will have a limited number of spaces available and pre-registration will be required; **controlling germs**: class times and rooms may be different to accommodate cleaning in between. Your August newsletter will have more information.

Starting in August

- Senior Exercise, Monday through Friday
- Pickleball, Monday through Friday
- Drums Alive, Tuesdays & Thursdays
- Line Dancing, Mondays
- Bingo, Mondays & Fridays
- Tech Talk, Thursdays
- Chelsea Coffeehouse, Mondays
- Paint with Steve
- Art for Life
- Chair Massage
- Acupuncture, Thursdays
- T.O.P.S., Thursdays
- Knit/Crochet, Thursdays
- Open Studio, Thursdays
- Foot Care with Ava
- C2S2 Health Support, Tuesdays
- Notary services by appointment
- Farm Stand/ Intergenerational Garden produce when available
- Daily space and time for safe distance socializing
- Public computer use

Health Committee

We have amazing volunteer support at the Chelsea Senior Center. Our volunteer Health Committee is a perfect example. We've been fortunate to be able to draw on their wisdom from many years as public health professionals to help guide us as we consider the data and interpret the recommended guidelines. No decision has been made lightly. We've tried our best to think of everything. As we navigate our way through these unprecedented times, know that we will make adjustments as necessary. We appreciate your continued patience and support.



Q: Many of the programs I enjoy are not on the list. When will they be back?

A: We hear you! Our goal is to bring everything back. We will add in programs as safety protocols, circumstances allow.

Q: When can we eat lunch at the Center again?

A: We don't have a firm date. Hopefully sooner rather than later but not likely before mid-September.

Q: Will you be open your regular hours?

A: For the most part, yes. Programs will take place in the morning except Thursdays. Staff will be in the office daily. This scenario is new to all of us so we are being cautious and giving ourselves time to work out the kinks.

Q: Can I still drop off donated items?

A: No. At this time, we cannot accept donations of any items: cards, fabric, yarn, magazines, books, puzzles, etc.

Q: Will you take mending when you open?

A: Yes, though there will be changes to the process. Check the August newsletter for more information.

Q: I have Medicare/Medicaid questions. Will you offer appointments?

A: Not at first, but our volunteer MMAP counselor will be available to answer questions by phone in August. Stay tuned!



SENIOR NUTRITION PROGRAM

Senior Café

We will not be serving lunch each day at first. Stay tuned.

Meals on Wheels

Home delivered meals is an option available for seniors, 60 plus, who are unable to prepare meals. The program delivers meals to home-bound seniors in Chelsea 5 days a week and in Manchester 2 days a week. If you know of someone who could benefit from a friendly check in and hot meal delivered, call the Center for more information. *\$3/meal suggested donation.*

Senior Nutrition Program is supported by Area Agency on Aging 1B and Washtenaw County OCED in partnership with Chelsea School District.

C2S2

The Chelsea Senior Center has been offering services beyond our walls since 2013. We provide referrals for many requests including in-home care, house cleaning, handyman services, and transportation needs. Give Mackenzie or Emily a call, 734.475.9242, if you need anything!

ROAM

The WAVE and ROAM Bus will be back offering transportation services on July 13! Dispatch will begin taking reservations on June 29.

ROAM is a program launched by the Chelsea Senior Center that addresses transportation challenges in rural communities. The WAVE, including the ROAM Bus, currently provides rides that are scheduled in advance through them, where and when the WAVE is available. You can schedule a ride on a WAVE bus or the ROAM Bus by calling 734.475.9494. By scheduling in advance, Seniors can ride the ROAM Bus for free to the Senior Center and members enjoy free rides to locations within the WAVE service area.

Thank you to our sponsors!

- Edward Jones: *Diane Kieliszewski and Michael O’Quinn*
- Chelsea Lumber Company
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- Susan V. Brown, PLC
- Care Patrol of Southern MI
- Comfort Keepers
- Green Age Cleaners
- Lehman & Scheffler Real Estate Services

Senior Center Staff	Bill O’Reilly <i>Executive Director</i>
	Jennifer Smith <i>Assistant Director</i>
	Mackenzie Pfeiffer <i>Senior Services Coordinator (C2S2)</i>
	Emily Kennedy <i>Senior Services Coordinator (C2S2)</i>
	Marylee Fuchs <i>Bookkeeper</i>
	Meredith Nelson <i>Member & Donor Services Coordinator</i>
	Mary Erskine <i>Senior Nutrition Program Coordinator</i>

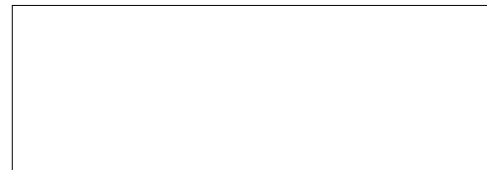
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Chelsea Senior Citizens Activities Center
512 Washington Street
Chelsea, MI 48118

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Our mission is to enhance the quality of life
and well-being for area seniors
and their families.

July 2020



**Chelsea
Senior Center**

Monday to Friday

We hope to open on August 17

Program Hours

9 am - noon

Monday, Tuesday, Wednesday, Friday

9 am - 2:30 pm

Thursday

In memoriam:

*Bernice Augustine, Norma Barker, Elaine Bonwit,
Helen Brainerd, Joseph Brosnan,
John Robert Burgess, Ann Crispell, Bob Ford,
Mary Alice Hafer, Ann Huxol,
Nancy Kaiser-Morgan, Don Laier,
Winona Landwehr, Jack Merkel, Katherine Purdy,
Patricia Robards, Les Rogers, Joyce Weir*

*Chelsea Senior Center is a 501c3 organization funded by numerous community supporters: **Chelsea United Way, City of Chelsea, local townships (Dexter, Lima, Lyndon), Ann Arbor Area Community Foundation, and the members and Board of Chelsea Senior Center.** Please thank our 2020 Platinum sponsor **Edward Jones—Diane Kieliszewski and Michael O'Quinn** and our Gold sponsors: **Chelsea Lumber Company, Chelsea State Bank, Jiffy Mixes, Silver Maples Retirement Communities, St. Joseph Mercy Chelsea Hospital, and WellBridge of Pinckney.***

The Chelsea Senior Center complies with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973 and is an equal opportunity employer. Reasonable accommodations will be provided upon notification or request.