



Trinh Pifer Intergenerational Garden Seeks Volunteers of Any Age

The Intergenerational Garden needs volunteers of all ages to help maintain its vegetable and flower garden located on the Chelsea Senior Center campus. Even just a half-hour a week makes a difference.

There is a lot that goes into a vibrant community garden, including:

- **Weeding, watering, and harvesting:** Enjoy great exercise and good company in the fresh air. We'll provide plenty of guidance if you're new to gardening.
- **Experienced organic gardeners:** Share your knowledge of how to make the garden more productive and beautiful!

You don't have to be a gardener to help!

Other activities volunteers get involved with include:

- **Kid-helpers:** Help with youth programming related to gardening, nature, healthy eating – and just having fun!
- **Fixers and builders:** there's always something to mend, maintain, or build, from deer fences and trellises, to irrigation solutions
- **Communicators:** Create email updates, signs, flyers and social media posts.

You don't have to be a senior to help, either!

The Trinh Pifer Intergenerational Garden is a place for people of all ages to learn about gardening, support senior nutrition, and enjoy each other's company. While seniors are the backbone of garden volunteering, we also welcome youth groups and families with children. This is a great opportunity for youth group service projects or for high-schoolers seeking experience for resumes and college applications.

Contact the Senior Center at 734.475.9242 or connected@chelseaseniors.org to participate.