

Chelsea Senior Center
512 Washington Street
Chelsea, MI 48118

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Annual Report 2012



*Making meaningful connections
for seniors in our community*

Chelsea Senior Center Annual Report 2012

Trinh Pifer, Executive Director
Kay Heller, Office Manager
Susan Barb, Program Manager

2013 Board of Directors:

President - James Randolph
Vice President - Phyllis Jonas
Secretary - Gina Ekis
Treasurer - Dennis McDonald

James Alford
Susan Bairley (2012 President)
Anne Comeau
Jean Dunn
Tammy Lehman,
School Board Liaison

Frank Hammer
Bryan K. Merillat
Rodney Payne
Shirley Schneider
Jeremy Stephens

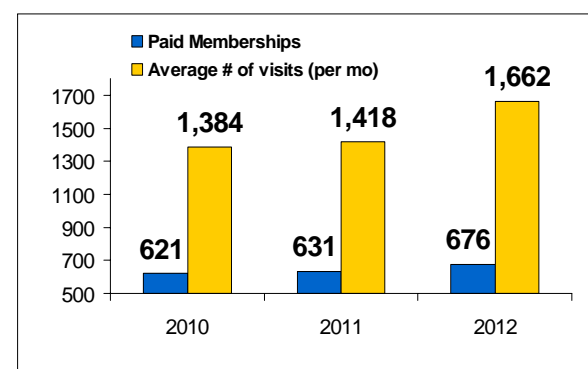


Center Hours
Monday - Friday
9 a.m. to 3 p.m.
~ ~ ~

Contact Us:
P: 734-475-9242
F: 734-475-6189
www.chelseaseniors.org
Email: chelseaseniors@aol.com

Membership 2012

We're a growing community resource! We continue to provide diverse programs that attract seniors from all walks of life.



CSC Volunteers from left to right: Anne Comeau, Sally Trachet, Jean Walters, and Pam Wood (in aprons) with Office Manager, Kay Heller

2012 at the Chelsea Senior Center:

- ◆ Our website, www.chelseaseniors.org received more than 11,000 website hits.
- ◆ We answered over 2,400 phone calls for questions about referrals, resources, and programs.
- ◆ More than 200 volunteers gave 3,000+ hours to support the Senior Center with events, programs, fundraisers, and office support. We could not function without our volunteers!
- ◆ Every week, we offered 30-40 programs including a daily senior lunch program, exercise, arts and crafts, and cards/games.
- ◆ With other community partners, we offered over 100 lifelong learning opportunities such as cooking, Spanish, drawing and painting, Mastering Balance, Driver's Safety, Aging to Saging, and Writing Your Own Life Story.
- ◆ For the holidays, we served nearly 400 hot lunches to seniors in the community.
- ◆ Our Travel Committee organized 37 trips last year which served 1,124 people.

Our Community Supporters

The Chelsea Senior Center is supported by our **members**, the **City of Chelsea**, **Chelsea School District**, **Chelsea United Way**, **local townships**, and **Kiwanis Club of Chelsea**. Additionally, we are funded by generous community sponsors. Their support helps us to keep our programs, services, and resources affordable and accessible to all seniors in the community. Please help us recognize and thank our 2013 sponsors for their dedication to our mission:

Gold Sponsors (\$2000+)

Chelsea Community Hospital

Chelsea State Bank

Silver Maples

United Methodist Retirement Communities

Silver Sponsors (\$1000+)

Chelsea Lanes & Antiques Mall

Cole Funeral Chapel

Kleanthous Family Foot Clinic

Service First Home Care

Staffan-Mitchell Funeral Home



Jim Randolph digging potatoes with kids and counselors from Chelsea Recreation's summer camp program

2012 Programs and Funding Agencies:

Agencies:

Volunteer Portal: a website listing volunteer opportunities in Chelsea. In partnership with the Chelsea District Library and funded by the Chelsea Area Wellness Foundation

Facility Improvement to add handicap accessible automatic doors inside the Senior Center, funded by the Helen McCalla Trust Fund

Pickleball: a popular recreational game for seniors similar to tennis. Start-up equipment funded by the USA Pickleball Association

Intergenerational Garden: a vegetable garden planted in Spring 2012 to provide organic, local produce for senior lunch programs, and educational opportunities for local youths and seniors. Funded by:
Chelsea Area Wellness Foundation
Chelsea Area Garden Club
Chelsea School District
Chelsea Lumber Company
Lions Club of Chelsea
Master Gardeners Alumni Association of Washtenaw County

\$250 Club ("You Too Will be 50")

Thank you to our \$250 Club Donors! Their generosity helps to provide for today's CSC services and activities, and will help ensure the Center's presence and vitality for future generations of seniors.

Angelo Angelocci
Scott & Jan Baird
Paul & Susan Bairley
Susan Brown
Don & Linda Cole
Edward & Ann Comeau
Edward & Joan Driscoll
Paul & Jean Dunn
John & Jayetta Edwards
Andrew & Gina Ekis
John Frank
Harry & Lois Gibson
Frank & Elizabeth Hammer
Earl & Kay Heller

Arlene Howe
Henry & Yvonne Johnson
Phyllis Jonas
John & Gladys Kennedy
Diane Kieliszewski
Ed & Alice Lirette
Dennis McDonald
Gene & Kay Miller
Maryann Myers
Michael O'Quinn
Donna Palmer
Catherine Payne
Rodney & Kathy Payne
Dan & Trinh Pifer

Frank & Sharon Pignanelli
James & Mary Randolph
Edwin & Karin Riske
Paul Schaible
Don & Shirley Schneider
John & Carol Strahler
Ron & Sally Trachet
Patricia Trinkle
Doris Walker
Hugh & Marilyn Wanty
Janice Webster & Malinda McCain
Steve & Dayle Wright

Supporting Our Community

Did You Know?

This past summer, we conducted a community survey of seniors to better understand what support services and resources they need to remain in their homes and "age in place." This survey was done in collaboration with Silver Maples, the Chelsea District Library, and other community supporters. The most frequently requested services included:

- Home maintenance and repair services
- Transportation (for grocery shopping, medical appointments, etc.)
- Discounts to grocery stores, restaurants, and hardware stores

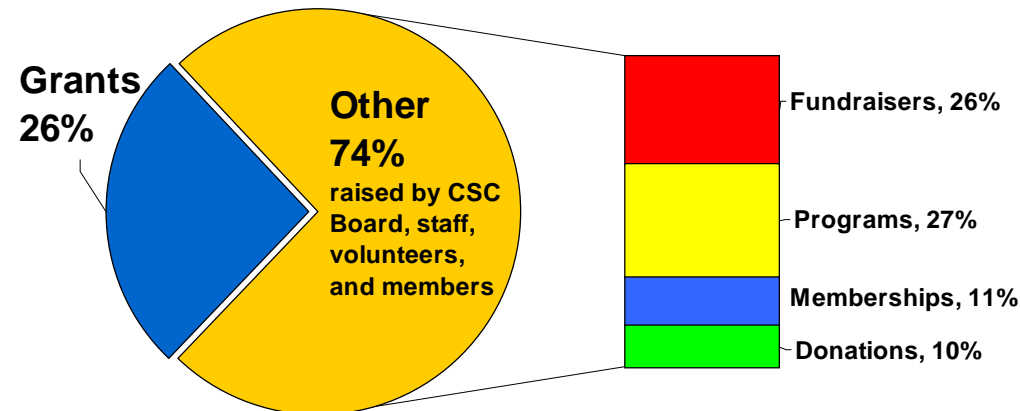
We are exploring the feasibility of providing these services in partnership with other community organizations in the coming year.

- ⇒ 89% of our Enhance Fitness (EF) exercise class participants reported an improvement to great improvement in their physical abilities after participating in EF
 - ⇒ 83% maintained or improved lower body strength and endurance
 - ⇒ 68% maintained or improved upper body strength and endurance
 - ⇒ 74% maintained or improved balance and speed
- *These statistics reflect only participants who completed the demographic participant information



Enhance Fitness class participants with instructor Wendy Skogheim (left front row)

2012 Budget



2012 annual operating budget
\$114,000

Our mission is to promote, encourage, and organize activities that address the physical, social, and emotional concerns of Chelsea area senior citizens and their families.