



Travelogue: RV there yet?

Friday, June 17, 1 pm

Registration Required

Have you ever dreamed of jumping in a RV and traveling around the country? Is this something on your bucket list? Come and hear of an epic 2-year journey doing just that. Maureen (Mo) Tait will speak to the

many adventures on her trip and highlight some of her favorite places. **To register call or email CSC.**

June Birthdays Celebration



June 20 at Noon

Sponsored by Lehman &
Scheffler Real Estate Services

Join us to celebrate this month's birthdays! Enjoy a tasty lunch and yummy birthday cake with friends. **Make sure to sign up for this lunch by giving CSC a call.**



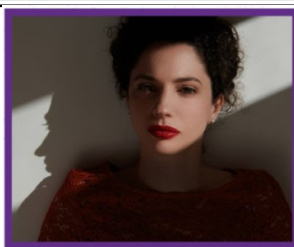
Music in the Air Concert

Maddalena Giacomuzzi, pianist

Friday, June 3, 11:30 am, Drop in

In Partnership with Chelsea District Library

Join us to hear from Italian pianist Maddalena Giacomuzzi and Chelsea's own Gary Munce perform a 20 minute sneak peek concert, followed by a Q&A.



Maddalena Giacomuzzi
International Classical Pianist



Interested in Learning to Play the Violin?

Jed Fritzemeier, in partnership with the Jackson Symphony Orchestra, will be holding a group, learn-to-play session

for adults. If you are interested please let us know. We are finalizing the details but the session will likely take place over two weeks in August and consist of eight, two-hour lessons. **The fee will include a violin rental and Jed's expert instruction. Stay tuned and be sure to let us know if you would like to participate.**



Happy Hour: Grateful Crow

Friday, June 24, 4 pm

Registration Required

Enjoy dinner and drinks with friends! You can visit their menu online at www.thegratefulcrow.com.

To register call or email CSC.

Ask an Expert: Getting the Nutrients you Need—Diet or Supplements?

Wednesday, June 8, 11:15 am

Registration Requested

Join Sophia Speroff, Registered Dietician and Betty Chaffee, Pharm.D for a discussion about dietary supplements. Bring your questions! **To register call or email CSC.**



Farm Stand is Back & Welcome Cassidy!

Cassidy Tokarski joins the staff here at CSC as a part-time Program Counselor working on intergenerational programs and assisting Laura Noble, our volunteer Garden Manager, with the Trinh Pifer Intergenerational Garden. Cassidy is with us through the summer. We are very excited to have her join our team.

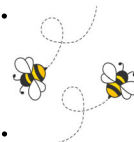
The Farm Stand is back! Cassidy will be working with volunteers to harvest and wash fresh produce grown in the garden. Look for these tasty, healthy, treats outside the Center office each time you visit the Center.

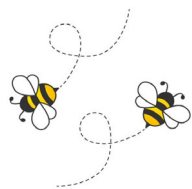
Donations for the fresh produce on the Farm Stand directly support the Garden.



Laura, Cassidy, and Jackie with the first farm stand of 2022!!

Garden Work Bees are
Tuesdays and Saturdays, 10 am to noon.





Garden Work Bees

Tuesdays and Saturdays 10 am-Noon

The Intergen Garden's weekly work hours have begun. Grab your gardening gloves and drop in and get your hands dirty, or just come by to chat, or both! There is lots to be done every day, so if you have an extra hour to share, let us know. We will set you up for any day of the week.

We've got a garden to plant! Join us at some of the following times:

Gardening Party with refreshments: Thursday, May 26 from 10 am - 12 pm

Gardening with Girl Scouts: June 4 from 10 am - 12 pm



**Chelsea
Senior Center**



**Intergenerational
Garden**

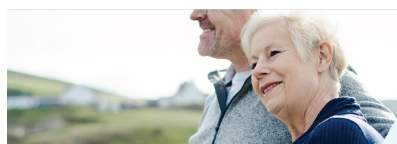
The Farm Stand is back! Yes there is good stuff to harvest already! Rhubarb, spinach, chard, parsley, turnips, kale....it's a beautiful spread.

The Garden is located on the west side of WSEC campus, off of Wenley St. and Book St., and provides space and activities for multiple generations to engage and collaborate.

Stay Tuned for Senior Market Bucks!

Senior Market Bucks, sponsored by Chelsea Hospital will be available soon!

Senior Market Bucks can be used at the Chelsea Farmers Market which takes place weekly Wednesdays from 1-5 pm and Saturdays from 8 am - 1 pm from May until October. **For more information on the Chelsea Farmers Market please visit their website at: www.chelseafarmersmkt.org**



Free Oral Health Assessments

WHO: Anyone 60 and better

WHEN: June 6 at 12:45 pm at Chelsea Senior Center

WHAT: Free oral health assessment including oral cancer screening. Free oral health aids too!

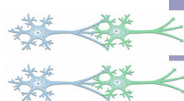
For more information, contact Smiles on Wheels at 517-740-7422. Funding provided by Delta Dental Foundation.



INTEREST LIST: AARP Drivers Refresher Course

CSC is collecting names of anyone interested in a class for revisiting driving techniques, proven safety strategies, and new traffic laws and rules. **To be added to an Interest List for a possible class just call or email CSC.**

- **Art for Life** is on summer vacation, will resume again in September.
- **Supper Club** returns **August 9**; It will look a little different but be the same enjoyable experience as you remember, stay tuned for more information!
- **Reflexology** returns in Fall 2022.
- **Renew your CSC Membership online** at CSC's website www.chelseaseniors.org
- Chelsea District Library **Hotspots available**, stop in to CSC Front Office to sign one out.



Connections Café:

A Memory Cafe



**Thursday, June 2, 12 - 1:30 pm, Free,
Registration Required**

For individuals living with memory loss and/or brain changes plus their care partners. Come enjoy a fun time together and connect with others. We have lunch, games, and activities for you to enjoy. **For information or to register call or email CSC.**

Scholarships Available!

Thanks to a generous, anonymous donor, we have scholarship funding to cover **membership and/or wellness program** fees at Chelsea Senior Center. Please see Bill or Jennifer for more information.



CSC has been offering services beyond our walls since 2013.

C2S2 provides referrals for many requests including in-home care, house cleaning, handyman services, and transportation needs. **For more information call, email, or stop by CSC to speak with our Senior Wellness Coordinator.**



Rural Older Adults in Motion ROAM

If you need a ride we are fortunate to have options for you. The WAVE operates the R.O.A.M. bus on our behalf and can cover most local needs. We also have the 'Ann Van' and other options to best meet specific needs. **Schedule a ride on the R.O.A.M. bus by calling the WAVE at 734.475.9494.** If you schedule in advance, you will have more ride time options. Be sure to let dispatch know you are a member of CSC to enjoy fare-free rides to locations within the R.O.A.M. service area. Seniors 60 and better always ride the R.O.A.M. bus to CSC fare-free. **For more information please call, email, or stop by CSC to speak with our Senior Wellness Coordinator.**



Senior Nutrition Program

The Senior Nutrition Program provides meals to seniors who are 60 and better who live in Washtenaw County.

Senior Café: Lunch is served each week day in the cafeteria at Noon. Doors open at 11:45 am. See the menu on page 15 for options. Please call to reserve.

Curbside pickup of a hot meal is available at the Book Street entrance from 11:15-11:30 am. Pre-registration is required at least 1 day in advance.

Meals on Wheels: Home delivered meals is an option available for seniors who are homebound. The program delivers meals in Chelsea five days/week and in Manchester two days/week. If you know of someone who could benefit from a friendly check in and a hot meal delivered, **call CSC for more information.**

Suggested donation per meal is \$3.

Senior Nutrition Program is supported by Area Agency on Aging 1B and Washtenaw County OCED in partnership with Chelsea School District.

The Trinh Pifer Intergenerational Garden provides space and activities for multiple generations to engage and collaborate. Keep a lookout for garden activities and events!



Intergenerational Garden

A word from



Hello again friends,

We finally made it to June... hopefully summer lasts longer than this year's start & stop spring. As always, lots happening here at your Chelsea Senior Center and we hope that you will take advantage of it. One of the rights of late spring/early summer here is the full-scale return of the programs related to our Trinh Pifer Intergenerational Garden. We have just hired a wonderful team-member named Cassidy to oversee programs out there. Cassidy was a Camp Counselor last year with Camp GABIKA so she's very familiar with the summer programs we offer. She's a graduate of Chelsea High and is about half-way through her program at MSU. Please stop out in the garden and say hello or feel free to ask how you can help out with our summer programs. Speaking of the garden area—keep your eyes & ears open for the introduction of the picnic area out there and the return of yard games!

Speaking of new faces, for those who haven't met him, be sure to say hello to Everett Mayes as he troubleshoots and supports our technology needs all over the Center. In our quest to partner with organizations in the Chelsea Community, we struck an agreement with the Chelsea District Library to provide us with ¼ of a tech support person's time, so Everett divides his time between here and the library. Between Everett and our Wednesday morning tech support volunteers, you shouldn't hesitate to bring your technology challenges to us!

For the few who may be wondering... in last month's column I mentioned that was heading to New York City for a nephew's wedding and we'd all be in the near vicinity of where ancestors of ours lived from the 1830s to the 1850s. It was a wonderful event and we all returned safely. And it's easy to say that there would be absolutely nothing there today that those ancestors would recognize! It was a great visit with way too much walking with my much younger, twenty-something daughters...27,000 steps one day and for that week, just shy of 100,000 steps! You matter and we love seeing you back here! Stay healthy and active! - Bill O'Reilly

Senior Center Staff

Bill O'Reilly Executive Director
Jennifer Smith Assistant Director
Meredith Nelson Membership & Communications
Jon Van Hoek Senior Nutrition Program Coordinator (SNP)
Jan Scarbrough Bookkeeper
Lisa Klinkman Senior Wellness Coordinator (C2S2)

Chelsea Senior Center
Board of Directors

President	John Daniels
Charlotte Wyche	Julie Deppner
Vice President	Jaclyn Klein
Jerry Wilczynski	John Knox
Treasurer	Gary Maynard
Dave Schaible	Paul Schissler
Secretary	Carl Schwarze
Charlotte Bentley	Mary Tomac

Support Services



Health Support w/Gary Maynard

Mondays, 11 am, Drop-in

Retired physician Gary Maynard is available to meet with you and answer your basic health questions. **Call or stop by CSC office for more information.**



Massage (chair) w/ Jenny Miller

Appointment Required

Enjoy a relaxing, seated chair massage by licensed massage therapist Jenny Miller. **For more information and to schedule an appointment call Jenny directly: 734.645.6166.**



Jewelry & Watch Repair

with Jewelry Set in Stone

1st Thursday

Appointment Required

Jewelry and watch appraisal, cleaning, and repairs including battery replacement. Jeweler is here on first Thursday of each month in late mornings. Fees determined by jeweler. **Call CSC for an appointment.**

Blood Pressure Checks

Drop-in, see calendar for dates and times. Thank you nurse Barb and nurse Jean!



Notary Public Service

Appointment Required

Did you know? CSC has a Notary on our team. **Call CSC for an**

appointment. *Donations to our C2S2 Program appreciated.*

Mending Service

Simple repairs or hemming only.

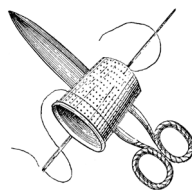
NO zippers.

This service is for CSC Members.

Clothes must be freshly cleaned and

placed in a bag with your name, phone number, and description of repair needed clearly labeled on the bag.

Drop the bag to the CSC Front Desk. Repaired items will be available to pick up usually one week after the drop off. Donations to C2S2 program appreciated.



Hearing Checks: Rankin

Audiology & Hearing in

Chelsea will provide, at their

office, complimentary hearing screening. Give them a call 800.437.9923.



Technology Support

Wednesdays, 10 am-Noon, Drop-in

Need help with your computer, laptop, phone, or tablet? We have expert volunteers who can help and offer

guidance; **must bring in your passwords and/or log-in IDs so they can better assist you.** *Donations to our C2S2 program appreciated.*

Silver Solutions Network: Whatever you are considering when you retire, be part of the repurposing for your next chapter. Reach Silver Solutions Network through the Chelsea Senior Center at 734.475.9242.



T.O.P.S. Group

Take Off Pounds Sensibly

Thursdays at 9 am

Could you use help

taking the pounds off? Support and encouragement are key! You only get out of TOPS what you put into it. We can't guarantee weight loss just by attending meetings, but we can offer support through each stage of the journey, including after you reach your goal weight. Join us. The first meeting is free! Weigh-in @ 9:30 am each Thursday. **\$32 annual membership; \$1/meeting, both payable to the T.O.P.S. Leader.** **For more information give CSC a call.**



Seniors Asking Seniors

2nd Monday

1 pm, FREE, Drop-in

Facilitated by Maurine Nelson & Lois deLeon

Join this peer-to-peer discussion group! Share your thoughts, your experiences, and questions about aging.



Nurses Footcare

w/ Ava Passino R.N., BCGN

Appointment Required

Nurses Footcare Service is available for appointments. **For information and to schedule**

an appointment call Ava directly: 313.303.7836.



CSC membership is required to participate in activities and programs. Remember to allow time to process your membership in CSC Office.

Exercise & Movement



Drums Alive

Tues & Thurs, 1 pm,
\$3 per class, Drop in

Enjoy a great aerobic workout. Drums Alive is an evidence-based drumming fitness, health, wellness program that provides a whole brain and whole body workout that promotes cognitive, physical, social, and emotional health at all life stages. You can participate at your level: seated or standing. We have balls and tubs for you to use or you can bring your own. Drumsticks are available to purchase for \$3.

Enhance Fitness Exercise

Mon-Wed-Fri, 10-11 am,
Drop-in

\$2 per class suggested donation

Enhance Fitness is an evidence based fitness program geared toward improving the overall functional fitness and well-being of older adults. Classes focus on cardio-vascular conditioning, strength training, flexibility, and balance training.

Instructors are certified. Friday classes are free through July 21 thanks to support from Washtenaw Community College.



Movin' & Groovin'

Thursdays, 10:15 am,
Drop-in, Free

Get a great work out with this adaptive movement exercise class provided by Ballet

Chelsea. Sit, stand, move and groove to the music, and have fun! **Starting June 16 class will be at 1 pm for the summer.**



Easy Tai Chi & Qigong

Thursdays, May 12-July 21, 1:30 pm

No matter your age or fitness level, the practice of meditation & mind-body exercise can bring calm, improve your flexibility, balance, motor skills, and mental focus. Reduce stress and increase vitality through these natural and compelling movements.

Class is led by Karla Groesbeck and is free thanks to Washtenaw Community College Senior Emeritus Program. **Class is drop in.**



CSC Pickleball Club

Weekdays, 9 am-1:30 pm
\$25/year Pickleball Club Fee

Fastest growing sport in the area! Both open play and sign-ups for court times available. Remember to park in the Main CSC lots and always sign-in at one of the CSC kiosks each time you come in to play. Make sure your memberships are current by simply

stopping in the CSC Front Office. **For more information, call CSC office.**

Walking Halls at WSEC

Weekdays, 8:30 am - 3:30 pm

Check-in at CSC Kiosk before you begin. 10 laps around is one mile. Grab a friend and get moving!



Gentle Yoga w/Maggie

Tuesdays, 10:30 am,
\$4 donation, Drop in

Using warm-ups, traditional poses, and focused breathing, yoga promotes strength, balance, flexibility, mobility, and a sense of calm. A gentle approach makes this class accessible to all experience levels to help keep you moving.

CSC Walking Club

Tuesdays 9 am, Drop-in

Meet coordinator Pamela in east hallway outside Room 113. Members walk 30 minutes to one hour, different routes in town, canceling only if there is a thunderstorm.



Line Dancing

Mondays 8:45 am

Drop-in

\$3 per class

It is great exercise with toe tapping music and fun times!



Please make sure to always check-in at one of the CSC kiosks before attending any activities. Guests need to sign-in at our Front Office.

Gather, Create, Expand Your Mind



Try new games & meet new people!

\$ = optional pay to play for prizes

BINGO

Mondays & Fridays, 9 am, \$

Bingo cards and place markers available.

Pool/Billiards

Mondays & Wednesdays, 9 am

Table in Room 113, drop-in play, all skill levels welcome, cues available.

Hand & Foot

Mondays, 12:30 pm

Drop-in card game, all skill levels welcome, members available to teach you how to play.

Mexican Train

Tuesdays, 12:30 pm

Try this modern version of traditional dominos game, players available to teach you how to play.

Game Time

Wednesdays, 12:30 pm

Drop-in play, your choice of *Mah Jongg*, *Pinochle*, or *Scrabble*, all skill levels welcome, members available to teach you how to play.

Drop-in Bridge

Thursdays, 12:30 pm

All skill levels welcome, members available to teach you how to play.

Cribbage

Fridays, 10 am

Drop-in play that involves playing and grouping cards in combinations which gain points, all skill levels welcome, members available to teach you how to play.

Daytime Euchre

Fridays, 12:45 pm, \$

Trick-taking card game that is always open to new players, members available to teach you how to play.



Lending Library

In cooperation with Friends of the Chelsea District Library

Located in Room 112, there are no fees, no checkout, and no time limit when a **book or puzzle** is borrowed. Simply return when finished!



Sewing Group

Wednesdays, 1 pm

Many hands make light work! Join this dedicated group of sewers who gather to make needed items for underprivileged youth in developing countries. Using mostly donated material, thread & accessories, they create "Little Dresses" for young girls, shorts for boys, and long, ankle length skirts, and feminine pad kits for older girls. Pre-pandemic, these amazing volunteers produced 525 little dresses, over 100 long skirts, 35 pair of shorts, and 1000+ feminine pad kits. If you are looking for a way to get involved, consider volunteering to help! Enjoy connecting with others and making a difference in the lives of vulnerable youth. Join us to iron, cut, sew, and smile!



Genealogy Help Group

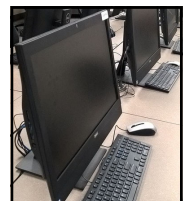
Friday, June 24, 1:30 pm

Gather to share ideas and techniques on tracing your family history. It's for all levels of understanding and research.

Community Computer Use

Weekdays, 8:30 am - 4 pm

CSC's community computers w/internet and printers are available for CSC Members to use in Room 113 during our regular business hours.



Knit & Crochet



Thursdays, 12:30 pm All are welcome! Group gathers each week and works on individual projects or pieces to donate.

Check out their hand-crafted items in Room 112!

Newsletter Assembly

Join us as we fold and label each newsletter for mailing to membership. See calendar for date and time this month.



 <p>Chelsea Senior Center 734.475.9242 connected@chelseaseniors.org</p>		 Lunch Options available besides Main Entree: <ul style="list-style-type: none"> * Turkey w/cheese sandwich on Whole Wheat bread * Chicken salad sandwich on Croissant * Salad: Chef, Cobb, or Mandarin Chicken 		Wed 1 June 12:00 Lunch 12:30 Jam Session 12:30 Game Time: Mah Jongg, Pinochle, Scrabble 1:00 Sewing Group 2:00 Mood Lifters		Thu 2 June 12:00 Lunch 12:00 Connections Memory Café 12:30 Knit/Crochet 12:30 Open Studio 12:30 Drop in Bridge 1:00 Drums Alive 1:30 Tai Chi		Fri 3 June 12:00 Lunch 12:45 Daytime Euchre Computer Use 9:00 Pickleball 9:00 Bingo 10:00 Enhance Fitness 10:00 Woodcarving 10:00 Cabbage 11:30 Music in the Air performance	
Mon 6 June 12:00 Lunch 12:30 Hand & Foot 8:45 Line Dancing 12:45 Oral Health Assessments 9:00 Pickleball 9:00 Pool/Billiards 9:00 Bingo 10:00 Enhance Fitness 11:00 Health Support		Tue 7 June 12:30 Mexican Train 1:00 Drums Alive 1:00 Quilting 1:30 Ukulele Computer Use 9:00 Pickleball 9:00 Walking Club 10:30 Gentle Yoga 11:00 Blood Pressure Checks 12:00 Lunch		Wed 8 June 12:00 Lunch 12:30 Game Time: Mah Jongg, Pinochle, Scrabble 1:00 Sewing Group 2:00 Mood Lifters Computer Use 9:00 Pickleball 9:00 Stained Glass 9:00 Pool/Billiards 10:00 Tech Support 10:00 Enhance Fitness 11:15 Ask an Expert		Thu 9 June 12:30 Open Studio 12:30 Drop in Bridge 1:00 Drums Alive 1:30 Tai Chi Computer Use 8:30 Board Meeting 9:00 Pickleball 9:00 T.O.P.S. 10:15 Morris & Gozzard 12:00 Lunch 12:30 Knit/Crochet		Fri 10 June 12:45 Daytime Euchre Computer Use 9:00 Pickleball 9:00 Bingo 10:00 Enhance Fitness 10:00 Woodcarving 10:00 Cabbage 12:00 Lunch	
Mon 13 June 12:00 Lunch 12:30 Hand & Foot 8:45 Line Dancing 1:00 Seniors Asking Seniors 9:00 Pickleball 9:00 Pool/Billiards 9:00 Bingo 10:00 Enhance Fitness 11:00 Health Support		Tue 14 June 12:00 Lunch 12:30 Mexican Train 1:00 Drums Alive 1:00 Quilting 1:30 Ukulele Computer Use 9:00 Pickleball 9:00 Walking Club 10:00 Paper Crafts: Card Making 10:30 Gentle Yoga 11:00 Scarlett Ladies 7:00 Kaleidoscope Concert		Wed 15 June 12:30 Jam Session 12:30 Game Time: Mah Jongg, Pinochle, Scrabble 1:00 Sewing Group 1:00 Writer's Group 2:00 Mood Lifters Computer Use 9:00 Pickleball 9:00 Stained Glass 9:00 Pool/Billiards 10:00 Tech Support 10:00 Enhance Fitness 12:00 Lunch		Thu 16 June 12:30 Open Studio 12:30 Drop in Bridge 1:00 Drums Alive 1:00 Morris & Gozzard NEW TIME 1:30 Tai Chi Computer Use Chair Massage Appts 9:00 Pickleball 9:00 T.O.P.S. 9:30 TRIP: River Cruise 12:00 Lunch 12:30 Knit/Crochet		Fri 17 June 11:00 Blood Pressure Checks 12:00 Lunch 12:45 Daytime Euchre 1:00 Travelogue Computer Use 9:00 Pickleball 9:00 Bingo 10:00 Enhance Fitness 10:00 Woodcarving 10:00 Cabbage	
Mon 20 June 12:00 Birthday Lunch 12:30 Hand & Foot Computer Use 8:45 Line Dancing 9:00 Pickleball 9:00 Pool/Billiards 9:00 Bingo 10:00 Enhance Fitness 11:00 Health Support		Tue 21 June 1:00 Drums Alive 1:00 Quilting 1:30 Ukulele Computer Use 9:00 Pickleball 9:00 Walking Club 10:30 Gentle Yoga 12:00 Lunch 12:00 Scarlett Ladies 12:30 Mexican Train		Wed 22 June 12:00 Lunch 12:30 Game Time: Mah Jongg, Pinochle, Scrabble 1:00 Sewing Group 2:00 Mood Lifters Computer Use Footcare Appts 9:00 Pickleball 9:00 Stained Glass 9:00 Pool/Billiards 10:00 Tech Support 10:00 Enhance Fitness		Thu 23 June 12:30 Open Studio 12:30 Drop in Bridge 1:00 Drums Alive 1:00 Morris & Gozzard 1:30 Tai Chi Computer Use 9:00 Pickleball 9:00 Newsletter Assembly 9:00 T.O.P.S. 12:00 Lunch 12:30 Knit/Crochet		Fri 24 June 12:45 Daytime Euchre 1:30 Genealogy Help Group 4:00 Happy Hour @ Grateful Crow Computer Use 9:00 Pickleball 9:00 Bingo 10:00 Enhance Fitness 10:00 Woodcarving 10:00 Cabbage 12:00 Lunch	
Mon 27 June 12:00 Lunch 12:30 Hand & Foot Computer Use 8:45 Line Dancing 9:00 Pickleball 9:00 Pool/Billiards 9:00 Bingo 10:00 Enhance Fitness 11:00 Health Support		Tue 28 June 1:00 Quilting 1:30 Ukulele Computer Use 9:00 Pickleball 9:00 Walking Club 10:30 Gentle Yoga 12:00 Lunch 12:30 Mexican Train 1:00 Drums Alive		Wed 29 June 12:30 Game Time: Mah Jongg, Pinochle, Scrabble 1:00 Sewing Group 2:00 Mood Lifters Computer Use 9:00 Pickleball 9:00 Stained Glass 9:00 Pool/Billiards 10:00 Tech Support 10:00 Enhance Fitness 12:00 Lunch		Thu 30 June 1:00 Drums Alive 1:00 Morris & Gozzard 1:30 Tai Chi Computer Use 9:00 Pickleball 9:00 T.O.P.S. 12:00 Lunch 12:30 Knit/Crochet 12:30 Open Studio 12:30 Drop in Bridge		Did you know? We have yard games in the picnic area? Grab a friend or two and enjoy some fresh air and our beautiful garden. We have Corn Hole, Ladder Ball, Bocce Ball, and Croquet. Check it out! 	

Gather, Create, Expand Your Mind



Open Painting Studio w/Chelsea Artists Guild Thursdays, 12:30-3:30 pm

Drop in and enjoy open studio time and artistic fellowship for free with CSC membership. Bring your own materials. No instruction provided.

Jam Sessions

1st & 3rd Wednesdays, 12:30 pm

Facilitated by Gary Munce & Kelly Schmidt.



Grab your instrument, bring your musical talents and **drop in** to enjoy some time to jam. All musicians are welcome: vocalists, woodwind players, string players, brass players, percussionists, fiddlers, guitarists, etc.

Paper Crafts - Card Making with Camille Bauer 2nd Tuesday, 10 am

Registration Requested, Fee \$10, to Camille Creative instruction and all materials provided. Leave with three magnificent, personalized cards unique to current month and general themes. **Call or email CSC to register.**



Quilting

Tuesdays, 1-4 pm, All are welcome! Quilters work on collaborative projects made from donated fabric and other materials. Each unique quilt is donated to a local organization. **Drop in** and join us!

CSC FAX LINE:

734-562-2164



Stained Glass

Wednesdays,
9-11:30 am,
\$3 per class

Drop in and create a piece at your own pace under the supervision of a patient instructor. Glass, all materials, and tools provided. All levels of skill are welcome! Great gift idea!



Ukulele

Tuesdays, 1:30-2:30 pm,

New players always welcome!

The group meets weekly to practice and learn new songs. CSC has ukuleles to borrow if you want to try playing before you buy one, stop by CSC office. **Drop in** and join them!



Woodcarving

Fridays, 10 am-noon

This group meets to carve each week. Everyone brings their own materials and tools for individual projects. Many wood carvers

have basic tools on hand to share and are happy to provide instruction. **Drop in** and try it!

Writing Memories

Writers Group

3rd Wednesday, 1 pm, Drop in

This active group of writers write about their memories and meet once a month to share them with each other. The purpose is to share not critique. Although writing is a solitary act, having a willing audience to read and listen to what a writer wrote can be motivating. Facilitated by Jan Bernath.



Scarlett Ladies

Meets monthly

This group gathers to connect, engage, play, have fun and enjoy friendship.

In June, join the group at Zukey Lake Tavern at noon on June 21!

For more information call coordinator Babette at 734-904-8718.

Connections and Community



Chelsea Fair Parade Participant Interest List

The Chelsea Senior Center is amazing and we think the greater Chelsea Community should be reminded of it! We

want to have a presence in the Chelsea Fair Parade on Saturday, August 27, 1pm. We will drive the Ann Van and would love to have a HUGE number of members walk along the parade route with us. We have a few spots in the Ann Van for those who may not be able to walk the route. **If you'd like to participate give us a call to let us know.**

Sounds & Sights Thursday Nights

June 2 - Aug 11

6:30 - 8:30 pm in Downtown Chelsea



Monitors Base Ball Club of Chelsea

CSC's very own Senior Nutrition Program Coordinator Jon Van Hoek (Honest Jon) is the Captain of the *Monitor Base Ball Club of Chelsea* and the team invites you to come watch a game! Games are FREE (except Greenfield Village) and are family friendly and fun for all generations. Home games will be played at either Timbertown Park or Robin Hills Farm. For more information stop by and chat with Honest Jon here at CSC or visit the team's website: www.chelseamonitors.com. Huzzah!



~ 2022 Campaign ~

21 May - Home v Rochester	7 Aug - @ Greenfield Village
28 May - @ Dexter	27 Aug - Home match
11 Jun - Home v Wyandotte	3-4 Sep - @ Ohio Cup, Columbus
25-26 Jun - @ Frankenmuth	11 Sep - Home v Dexter
7 Jul - Sounds & Sights	24 Sep - @ Webster Fall Fest
9 Jul - @ Wyandotte	1 Oct - @ Meridian Twp Fest
16 Jul - Home v Lansing	

+ a few scrimmages... COME JOIN US!

Silver Maples Daytime Concerts

SILVER MAPLES
of Chelsea
RETIREMENT NEIGHBORHOOD

The Maples Room



Free Admission

Fri June 24, 1:30 pm; Yuta Sugano, classical pianist

Mon July 25, 1:30 pm; Vanessa Carr,
Broadway/opera singer

Fri Aug 12, 1:30 pm; Rob Crozier, solo guitar & singing
American standards

Fri Sept 2, 1:30 pm; Yuta Sugano, classical pianist

Fri Oct 7, 1:30 pm; Matthew Ball, Boogie-Woogie pianist

Fri Nov 4, 1:30 pm; Generations duo-sing-along,
American standards, jazz

Mon Nov 28, 1:30 pm; Vanessa Carr,
Broadway/opera singer

Fri Dec 2, 1:30 pm; Meg Otto, flute & piano duo

Kaleidoscope CONCERTS

A Free Music Series Presented by:
Silver Maples Retirement Neighborhood and Chelsea Senior Center

Join Us In The Maples Room At Silver Maples!

**Tuesday, June 14
PICKS & STICKS**

This string band plays acoustical folk, swing, country and jazz featuring hammer dulcimer, fiddle, bass and guitar. This is a fun show for all music lovers!

All concerts start at 7:00pm

Concerts held at: Silver Maples Retirement Neighborhood
100 Silver Maples Drive, Chelsea, MI 48118

Concerts are made possible due to generous donations from Chelsea State Bank as well as community and resident donors.

Space is limited. Masks must be worn.

Call 734.475.4111 for more information.
Stay tuned for upcoming concert information!



CSC Travel Opportunities



IMPORTANT INFORMATION

Day Trips: \$25 deposit must be made to sign up for a trip, with full payment due 30 days before the trip. Cancellation after the 30 days is non-refundable, before 30 days is fully refundable.

Extended Trips: A minimum deposit must be made to register for a trip, with full payment due as specified.

Departures: All trips leave from the Chelsea Senior Center, east parking lot, unless otherwise noted. **Arrive 30 minutes early to insure a prompt departure.**



****All CSC Travelers, Please Note****

CSC Travel Committee sends **automated reminder calls** before all trips. These calls show up on caller ID as "Somerville, MA". When you receive your call, **please answer it** because answering machines and voicemail boxes do not handle these messages well.

Thank you for your patience, grace, and understanding when you travel with us. Sometimes things don't go as planned, or last minute changes need to be made, or the bus breaks down. Whatever the situation, it is so refreshing to know that our CSC travelers make the best of it with smiles instead of frowns and encouraging words instead of criticisms.

Our volunteer travel committee loves planning trips and they work hard to make it fun and safe and worth your time!

Thanks for choosing to travel with us!

DID YOU KNOW?

- ♦ **Deposit is Required at time of Sign-Up.**
- ♦ **Travelers of all ages are welcome.**
- ♦ **Arrive to CSC 30 minutes prior to Departure.**



Lugnuts Baseball:
Tuesday, August 16

\$80

Depart 4:30 pm Return 11:30 pm

Join us for an evening at the ballpark in Lansing. Watch from the Pepsi Porch as you enjoy an all American buffet. Price includes roundtrip coach transportation, entry to game, all-you-can-eat buffet, raffle entry, and all tips. Masks are required. **\$25 deposit due at Registration. Full payment due by July 16.**



Cornwell's Turkeyville
Dinner Theatre:

Thursday, July 14 **\$91**

Depart 10 am Return 5:30 pm

Enjoy a traditional turkey dinner and a theatre performance of Neil Simon's *The Odd Couple*. Price includes roundtrip coach transportation, dinner, performance, and all tips. Masks are required. **\$25 deposit due at Registration. Full payment due by June 14.**



Yooperland, USA:

Sun October 2 - Thu October 6
5 days/4 nights

\$1,029 per person/double occupancy

Journey North through the beautiful Michigan autumn landscape and enjoy learning the history and seeing the landscape of the area. Price includes roundtrip coach transportation, accommodations, several meals, and groups activities. See trip flyer for details. **\$250 deposit due at Registration. Full payment due by Sept. 2.**



Solanus Casey Pilgrimage:

Thursday, September 22 **\$75**

Depart 8:45 am Return 3:15 pm

Located in the Cass Corridor in Detroit, this center is dedicated to Father Solanus and his lifelong dedication to helping the poor. Trip includes roundtrip coach transportation and gratuity, tour of Solanus Casey Center, video and gift shop time, lunch included at center, and free time to browse gallery. **\$25 deposit due at Registration. Full payment due by Aug 22.**

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CSC GROUP SPOTLIGHT: *WRITING MEMORIES*



This active writing group meets once a month to share each other's memoir writing projects. Although writing is a solitary act, having a willing audience to read your writings too can be inspirational. This group does not critique but provides a supportive and motivating environment for the writing process. Facilitated by Jan Bernath, group meets on the 3rd Wednesday of each month at 1pm.



Medicare Questions

Have questions? We can help. Call the Senior Center to schedule an appointment with a MMAP volunteer.

The Medicare Medicaid Assistance Program (MMAP) is available to help individuals understand their health coverage options including Medicare Part D, Medigap plans, and Medicare Advantage Plans. MMAP can also assist current Medicare beneficiaries understand their benefits including possible fraud or abuse by a medical provider.

Medicare beneficiaries or their representatives residing in Michigan can also call MMAP at (800) 803-7174 for help with their Medicare questions.



Senior Nutrition Program

Looking for Volunteer Opportunities?

CSC's Senior Nutrition Program can always use volunteers to help package food and deliver meals.

For more information **contact SNP Coordinator Jon at 734.475.9242.**



MARK YOUR CALENDARS:

July 4: CLOSED Independence Day

July 20: CSC Donor Appreciation Event

August 27: Chelsea Fair Parade

September 5: CLOSED Labor Day

October 19: Flu Shot Clinic & Wellness Fair

November 18: Thanksgiving Lunch

December 16: Christmas Lunch



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JUNE | 2022

CHELSEA SENIOR CENTER



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	31	1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	1
Beef Hot Dog Baked Beans Mixed Vegetables Apple WG Bun	Salisbury Steak Gravy Redskins Potatoes Carrots Diced Peaches WG Bread 2	Ham Sweet Potatoes Peas Applesauce WG Bread 2	Cheesy Chicken Rice Casserole Broccoli Sliced Peaches WG Dinner Roll	Mac & Cheese Stewed Tomatoes Diced Peas WG Dinner Roll
Beef Hot Dog Baked Beans Mixed Vegetables Apple WG Bun	Salisbury Steak Gravy Redskins Potatoes Carrots Diced Peaches WG Bread 2	Chicken Tenders Potato Wedges Beets Orange WG Dinner Roll	Scramble Eggs Sausage Patty Hash Browns Spinach Banana WG Bread 2	Turkey/Ham Sub Sandwich Garden Salad Dressing Fruit Punch Juice
Pork Riblet Potato Wedges Pasta Salad Grape Juice WG Bun	Pork Chop/Gravy Whipped Potatoes Green Beans Apple WG Bread 2	Taco 's Lettuce/Tomato Shredded Cheese Black Bean Fiesta WG Tortilla 2 Applesauce	Chicken Parmesan Spaghetti w Sauce California Blend Banana	General Tso's Chicken Brown Rice Peas Corn Orange
BIRTHDAY CELEBRATION Chicken Drumstick Mashed Potatoes Gravy Green Beans Apple Juice WG Dinner Roll	Sloppy Joe Potato Wedges Capri Blend Orange WG Bun	Ravioli With sauce Carrots Grape Juice WG BREAD 1	Kielbasa Sauerkraut Roasted Redskins Apple WG Bun	Turkey Ruben on Wheat Capri Blend Banana
Goulash Carrots Apple WG Breadstick	Hamburger Potato Salad Peas Orange WG Bun	Meatloaf/Gravy Whipped Potatoes Green Beans Applesauce WG Bread 2	Chicken Patty Broccoli Salad Potatoes Corn Banana WG Bun	

News

For lunch reservations, please call 734.475.9242 at least one day in advance.

For those of you who join us to eat lunch at the Center, you have the option of a sandwich or salad instead of the hot meal.

- Chicken salad on croissant
- Turkey and cheese sandwich on whole wheat bread
- Chef Salad
- Cobb Salad
- Mandarin Chicken Salad

Hot meal via curbside pickup

- must be reserved 1 day in advance
- will be available to pick up between 11:15-11:30 am
- curbside pickup is from Book Street lot

The Senior Nutrition Program is funded by Washtenaw County OCED, Area Agency on Aging 1B, and other state and federal agencies.

Chelsea Senior Citizens Activities Center
512 Washington Street
Chelsea, MI 48118

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JUNE 2022

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CSC is open weekdays from 8:30 am – 4 pm

Tele: 734.475.9242 Fax: 734.562.2164

Email: connected@chelseaseniors.org

Website: www.chelseaseniors.org

In memoriam:

*Darlene Eisenbeiser, Carole Esch,
Jane Finkbeiner, Lloyd Grau, Sandi Hoad,
Johanna Koppert, Jeanne Stapish*

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*Chelsea Senior Center is a 501c3 organization funded by numerous community supporters: **City of Chelsea, local townships of Dexter, Lima, Lyndon, and Sylvan, Ann Arbor Area Community Foundation and the members and Board of Chelsea Senior Center.** Please thank our Platinum sponsor **Edward Jones Advisors Diane Kieliszewski & Michael O'Quinn.** Gold sponsors **Chelsea Lumber, Chelsea State Bank, "Jiffy" Mixes, and Silver Maples Of Chelsea.** The Chelsea Senior Center complies with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973 and is an equal opportunity employer. Reasonable accommodations will be provided upon notification or request.*