

AUGUST | 2024

SENIOR CENTER MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	31	1 Beef Stroganoff Noodles Three Bean Salad Banana WG Dinner Roll	2 Beef Lasagna WG Breadstick Corn Banana
5 Cheesy Chicken & Rice Broccoli Beets Fruit Punch WG Bread	6 Sweet & Sour Chicken WG Brown Rice Peas Corn Orange	7 Meatloaf/Gravy Whipped Potatoes Green Beans Applesauce WG Bread 2	8 Turkey Reuben on WG Bread Mixed Vegetables Grape Juice	9 Macaroni & Cheese Stewed Tomatoes Orange WG Roll
12 Hamburger Tater Tots Peas Watermelon WG Bun	13 Chicken Tenders Broccoli Salad Beets Watermelon WG Dinner Roll	14 Ravioli Spaghetti Sauce Carrots WG Sliced Bread Apple	15 BIRTHDAY CELEBRATION Roasted Turkey Mashed Potatoes Gravy Green Beans Applesauce WG Bread	16 Beef Hot Dog Baked Beans Mixed Vegetables Orange WG Bun
19 General Tso's Chicken Brown Rice Peas Corn Apple	20 Tacos Lettuce/Tomato Shredded Cheese Black Bean Fiesta WG Tortilla 2 Banana	21 Chicken Parmesan Spaghetti w Sauce Carrots Grape Juice	22 Pork Riblet Potato Wedges Pasta Salad Grape Juice WG Bun	23 Popcorn Chicken Mashed Potatoes Gravy Corn Orange
26 Chicken Alfredo Rotini Pasta Mixed Vegetables Grape Juice WG Dinner Roll	27 Kielbasa Sauerkraut Redskins Potatoes Grape Juice WG Bun	28 Goulash Carrots Banana WG Breadstick	29 Chicken Drumstick Mashed Potatoes Gravy Green Beans Orange WG Dinner Roll	30 BBQ Pork Baked Beans Tater Tots Applesauce WG Bun

News

FOR CONGREGATE AND MEALS ON WHEELS RESERVATIONS PLEASE CALL 734-475-9242 AT LEAST ONE DAY IN ADVANCE

DROP-INS ALSO WELCOME THANK YOU

FRESH PRODUCE FROM THE INTERGENERATIONAL GARDEN WILL BE ADDED TO THE MENU WHEN AVAILABLE

SUPPORTED THROUGH THE WASHTENAW COUNTY AREA AGENCY IN AGING 1B