



### ADULT DAY SERVICES

Chelsea Senior Center Ease the Day Program	(734) 475-9242
Dottie Crim Adult Day and Education Center	(734) 429-1155
Huron Valley PACE	(734) 572-5777
Memory Support Center at Brecon Village	(734) 295-9811
Silver Club	(734) 998-9352

### CAREGIVER SERVICES

AgeWays Nonprofit Senior Services	(800) 852-7795
Caregiver Assessment, Respite, Education & Support (CARES)	(734) 769-0209
Silver Club Caregiver Programs	(734) 998-9352
Washtenaw Integrated Senior Experience (WISE)	(734) 436-4231
Washtenaw Support Network for Caregivers	(734) 764-6831

### CARE MANAGEMENT/CARE COORDINATION

AgeWays Nonprofit Senior Services	(800) 852-7795
Jewish Family Services (JFS)	(734) 769-0209

### HOME MAINTENANCE/REPAIR/SAFETY

CCWC Home Maintenance/Repair/Home Safety	(734) 971-9781
Habitat for Humanity Critical Repair Program	(734) 263-2317
LifeChoice Solutions (EHM Senior Solutions)	(734) 295-9292
OCED Home Weatherization Program	(734) 544-3008
WC Dept. of Health and Human Services (DHHS)	(734) 481-2000

### COUNSELING/MENTAL HEALTH SERVICES

CCWC Behavioral Health Services	(734) 926-0155
NAMI Washtenaw County	(734) 994-6611
Thrive Counseling/Jewish Family Services (JFS)	(734) 436-4249
Trinity Health IHA Psychiatry and Counseling	(734) 593-5251
U-M Psychiatric Emergency Services 24-hr Crisis Ctr	(734) 936-5900
<b>Washtenaw County Mental Health 24/7Crisis Support</b>	<b>(734) 544-3050</b>
WC Community Mental Health	(734) 544-3050

### EDUCATION

American Association of Retired Persons (MI Office)	(866) 227-7448
Emeritus Scholarship Program (WCC)	(734) 973-3543
Elderwise	(734) 340-6091
Osher Lifelong Learning Institute (OLLI)	(734) 998-9351
Senior Focus (WCC)	(734) 667-5060
Washtenaw Literacy	(734) 337-3338

### ELDER ABUSE/DOMESTIC VIOLENCE

CCWC Domestic Violence and Anger Management	(734) 971-9781
CCWC Senior Services Department	(734) 971-9781
Michigan Elder Abuse Hotline (toll-free)	(855) 444-3911
Michigan Long Term Care Ombudsman	(866) 485-9393
SafeHouse Ctr (Domestic Violence/Sexual Assault)	(734) 995-5444
<b>Good Neighbor Training: seniorresourceconnectmi.org/neighbor-training</b>	

### EMERGENCY SERVICES

Food, Shelter, Utilities, Crisis

Aid in Milan	(734) 439-8420
Community Mental Health	(734) 544-3050
Faith In Action (Dexter & Chelsea School Districts)	(734) 475-3305
Friends in Deed	(734) 484-4357
Hope Clinic	(734) 484-2989
Housing Access for Washtenaw County (HAWC)	(734) 961-1999
Manchester Community Resource Center (CRC)	(734) 428-7722
National Suicide Prevention Hotline	988
Northfield Human Services	(734) 492-1717
Saline Area Social Service	(734) 429-4570
Salvation Army Ann Arbor	(734) 668-8353
Shelter Association of Washtenaw County	(734) 662-2829
S.O.S. Community Crisis Center	(734) 485-8730
U-M Psychiatric Emergency Services 24-hr Crisis Ctr	(734) 936-5900
Washtenaw County Mental Health 24/7Crisis Support	(734) 544-3050

### FOOD PANTRIES/GROCERIES

#### 🚚 Delivery

Visit [www.foodgatherers.org/foodresources](http://www.foodgatherers.org/foodresources) for a complete list of food resources.

🚚 Aid in Milan Pantry on Wheels	(734) 439-8420
Bryant Community Center	(734) 477-0292
CCWC Northside Food Pantry	(734) 662-4462
Food Gatherers	(734) 761-2796
🚚 Hope Clinic	(734) 484-2989
🚚 Jewish Family Services Specialty Pantry	(734) 769-0209
Manchester Community Resource Center	(734) 428-7722
🚚 Northfield Human Services	(734) 449-0110
Saline Area Social Services	(734) 429-4570
Salvation Army	(734) 668-8353
SOS Community Services	(734) 484-9945

### FORECLOSURE INTERVENTION

Housing Bureau for Seniors	(734) 998-9339
Legal Services of South Central Michigan	(734) 665-6181
MSU Extension Housing Counselors	(734) 222-9595
Washtenaw County Treasurer (tax foreclosure)	(734) 222-6600

### GRANDPARENT & KINSHIP CARE SUPPORT

CCWC Grandparents Raising Grandchildren (GRG)	(734) 971-9781
MSU Kinship Care Resource Center	(800) 535-1218

### HEARING & SPEECH IMPAIRMENT

Deaf Health Clinic/Michigan Medicine	(734) 426-2796
EMU Speech and Hearing Clinic	(734) 487-1414
Lions Hearing Center of Michigan	(517) 887-6640

### HOME HEALTH CARE

Chelsea Hospital	(734) 593-6000
EHM Senior Solutions (Shared Services)	(734) 222-4037
Homewatch Caregivers	(734) 530-4217
Trinity Health At Home	(855) 559-7178

### HOSPICE

Angela Hospice	(734) 464-7810
Arbor Hospice	(734) 662-5999
Trinity Health At Home	(888) 559-7178

### HOUSING

Ann Arbor Housing Commission	(734) 794-6720
Housing Access for Washtenaw County (HAWC)	(734) 961-1999
Housing Bureau for Seniors	(734) 998-9339
Ypsilanti Housing Commission	(734) 482-4300

### 🏠 Independent 🏠 Assisted Living 🧠 Memory Care Residences

🏠 🏠 🧠 American House	(734) 961-4578
🏠 🏠 🧠 Brecon Village	(734) 429-1155
🏠 🏠 Brio Living Services	(734) 433-1000
🏠 🧠 Brookdale Ann Arbor	(734) 327-1350
🧠 Brookdale W Eisenhower	(734) 213-1708
🏠 🧠 Gilbert Residence	(734) 482-9498
🏠 🏠 🧠 Glacier Hills	(734) 769-6410
🏠 🧠 Linden Square Assisted Living	(734) 429-7600
🧠 Memory Lane Assisted Living	(734) 707-4039
🏠 🏠 St. Joseph's Village	(734) 712-1600
🏠 🏠 Silver Maples of Chelsea	(734) 627-6544
🏠 🧠 University Living	(734) 228-1926

### Apartments – Subsidized or Affordable

Baker Commons	(734) 994-2902
Carpenter Place	(734) 973-8377
Chidester Place	(734) 487-9400
Clark East Tower	(734) 482-5511
Courthouse Square	(734) 995-5511
Cranbrook Tower	(734) 668-8914
Lurie Terrace	(734) 665-0695
Melvin T. Walls Manor	(734) 484-3820
Miller Manor	(734) 794-6725
Mill Pond Manor	(734) 429-3838
Parkway Meadows	(734) 662-5055
Sequoia Place	(734) 669-8840

### INFORMATION, REFERRAL & RESOURCE ADVOCACY

AgeWays Nonprofit Senior Services	(800) 852-7795
Aging in Action (Milan Seniors for Healthy Living)	(734) 418-0376
CCWC Senior Services Resource Advocacy	(734) 971-9781
Disability Network Washtenaw Monroe Livingston	(734) 971-0277
Eldercare Locator	(800) 677-1116
Jewish Family Services (JFS)	(734) 769-0209
U-M Turner Senior Resource Center	(734) 998-9353
United Way of Southeastern Michigan Landline	211
Alt. number (from cell):	(734) 971-8200

### LEGAL SERVICES

Dispute Resolution Center	(734) 794-2125
Legal Resource Center at EMU	(734) 994-0160
Legal Services of South Central Michigan	(734) 665-6181
Michigan Advocacy Program Elder Justice Initiative	(734) 665-6181
Washtenaw Bar Association Lawyer Referral	(734) 996-3229

### MEALS:

Group Meal Sites - see "Senior Centers" list

OCED Senior Nutrition Program	(734) 544-2977
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### Home-Delivered Meals

Ann Arbor Meals on Wheels	(734) 998-6686
Chelsea/Manchester Meals on Wheels	(734) 475-9245
Dexter Senior Center	(734) 426-7737
Milan Seniors for Healthy Living	(734) 508-6229
Northfield Township Senior Center	(734) 449-2295
Saline Area Senior Center	(734) 429-9274
Ypsilanti Meals on Wheels	(734) 487-9669
The Washtenaw County Office of Community and Economic Development (OCED)	(734) 544-2977
WISE Meals at Home (JFS)	(734) 769-0209



### MEDICAL SERVICES

#### Dental

Hope Dental Clinic	(734) 480-9575
University of Michigan School of Dentistry	(734) 998-9640
Washtenaw County Dental Clinic	(877) 313-6232

#### Geriatric Health Assessment

Hope Medical Clinic	(734) 481-0111
Trinity Health Senior Primary Care	(734) 712-5189
U-M Turner Geriatric Clinic	(734) 764-6831
Washtenaw Internal Medicine	(734) 528-5700

#### Health Services

Chelsea Hospital	(734) 593-6000
Hope Clinic	(734) 484-2989
Huron Valley PACE	(734) 572-5777
"Lifeline" (Medical Alert System)	(855) 681-5351
Packard Health (Main)	(734) 971-1073
Trinity Health Haab Building	(734) 547-7977
Trinity Health IHA Medical Group	(734) 712-1300
Trinity Health Saline	(734) 977-0013
Veteran Affairs A2 Healthcare System (V.A.)	(734) 769-7100
Washtenaw County Health Department	(734) 544-6700

#### Medical Loan Closets

Bethlehem Church of Christ	(734) 665-6149
Faith in Action (Chelsea)	(734) 475-3305
Michigan CPAP Bank	(734) 232-3964

#### Prescription Assistance

A2Y RxPlus Card	(734) -665-443
GoodRx	(855) 268-2822
Hope Clinic	(734) 481-0111
Michigan Prescription Drug Discount Card (MIRx) (Press 2, then 1)	(800) 642-3195
Packard Health (Main)	(734) 971-1073
Washtenaw Health Project	(734) 544-3030

### MEDICARE/MEDICAID HELP & INFORMATION

CCWC Resource Advocacy Program	(734) 971-9781
Medicaid Beneficiary Helpline	(800) 642-3195
Medicare	(800) 633-4227
Washtenaw County DHHS	(734) 481-2000
Washtenaw Health Project	(730) 544-3030

### NURSING HOMES & INFORMATION

Brio Senior Living Services	(734) 808-3610
EHM Evangelical Homes (Saline)	(734) 429-9401
Gilbert Residence	(734) 482-9498
Glacier Hills Care & Rehabilitation Center	(734) 769-6410
Housing Bureau for Seniors	(734) 998-9339

### PET ASSISTANCE

Friends For Life (HSHV)	(734) 661-3550
Humane Society of Huron Valley (HSHV)	(734) 661-3528
Ypsilanti Meals on Wheels	(734) 487-9669

### PHYSICAL FITNESS

See also your local Senior Center

Ann Arbor YMCA	(734) 996-9622
Chelsea Wellness Center	(734) 214-0220
Dexter Wellness Center	(734) 580-2500
Manchester Wellness Center	(734) 428-9960
Saline Recreation Center	(734) 429-3502
Trinity Health Women's Health Center	(734) 712-5800
Washtenaw Community College Health & Fitness Center	(734) 975-9950
Washtenaw County Parks and Recreation	(734) 971-6337

### RESPIRE CARE

AgeWays Nonprofit Senior Services	(800) 852-7795
Brecon Village	(734) 429-1155
Chelsea Senior Center Ease the Day Program	(734) 475-9242
CCWC Volunteer Caregiver Program	(734) 971-9781
JFS	(734) 769-0209
MI Choice Waiver Program	(734) 213-7604
Silver Maples Retirement Community	(734) 475-4111
Washtenaw Support Network for Caregivers	(734) 998-9352

### SENIOR CENTERS

SeniorResourceConnectMI.org

Ann Arbor Senior Center	(734) 794-6250
Chelsea Senior Center	(734) 475-9242
Dexter Senior Center	(734) 426-7737
Jewish Community Center	(734) 971-0990
Lincoln Golden Ages	(734) 483-8366
Manchester Area Senior Citizens	(517) 262-7828
Milan Seniors for Healthy Living	(734) 508-6229
Northfield Township Community/Senior Center	(734) 449-2295
Pittsfield Township Senior Center	(734) 822-2117
Saline Area Senior Center	(734) 429-9274

U-M Turner Senior Wellness Program	(734) 998-9353
Well Connected/Senior Center Without Walls	(877) 797-7299
Ypsilanti Senior Center	(734) 483-5014
Ypsilanti Township 50 & Beyond Program	(734) 544-3838

### SENIOR SUBSTANCE ABUSE

Addiction Treatment Services (U-M)	(800) 525-5188
Alcoholics Anonymous Helpline	(734) 482-5700
Chelsea Hospital Behavioral Health	(734) 593-5200
Clocktower Commons	(734) 593-5251
CCWC Behavioral Health Services	(734) 971-9781
CCWC Senior Services Department	(734) 971-9781
Dawn Farm (Spera Recovery Center)	(734) 669-8265
Families Against Narcotics	(734) 210-9739
Home of New Vision	(734) 975-1602
Washtenaw ACCESS Helpline (24hr Crisis Line):	(734) 544-3050 (800) 886-7340

### SOCIAL SECURITY ADMINISTRATION

Social Security Administration: National Office	(800) 772-1213
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### SUPPORT GROUPS

For additional support groups visit SeniorResourceConnectMI.org

Alzheimer's Association 24/7 Helpline	(800) 272-3900
Arthritis Foundation (Michigan Chapter)	(248) 649-2891
CCWC Grandparents Raising Grandchildren (GRG)	(734) 971-9781
Jewish Family Services (JFS)	(734) 769-0209
National Parkinson's Foundation	(800) 473-4636
U-M Turner Geriatric Clinic: Caring for Aging Relatives, Caring for Your Mate, Diabetes, Low Vision, Staying Smoke Free	(734) 764-6831

### TAX ASSISTANCE

American Association of Retired Persons (MI Office)	(866) 227-7448
Housing Bureau for Seniors	(734) 998-9339
St. Francis of Assisi Tax Help	(734) 821-2121
U-M Law School Low Income Tax Clinic	(734) 936-3535
United Way Tax Clinic (VITA)	(517) 258-1447

### TRANSPORTATION

Ann Arbor Transportation Authority (Info Line)	(734) 973-6500
Feonix Mobility Rising	(734) 259-4125
HVA Mobility Transportation (Wheelchair Vans)	(734) 994-4111
Jewish Family Services (JFS)	(734) 769-0209
Manchester Area Senior Citizens Council, Inc	(734) 385-6308
Milan Seniors for Healthy Living	(734) 508-6229
Night Ride and Holiday Ride (AAATA)	(734) 528-5432
People's Express	(877) 214-6073
The WAVE (Western Washtenaw Area Value Express)	(734) 475-9494

### VETERANS

Michigan Ability Partners	(734) 975-6880
Michigan Veterans Affairs Agency	(800) 642-4838
National Guard Family Assistance Center	(517) 481-9889
National Guard Transition Assistance Advisor	(517) 990-1155
OLHSA Housing	(517) 546-8500
Veteran Affairs A2 Healthcare System (V.A.)	(734) 769-7100
Washtenaw County Veteran Affairs	(734) 973-4540

### VISION IMPAIRMENT

Greater Detroit Agency for the Blind and Visually Impaired	(313) 272-3900
Kellogg Eye Center (U-M)	(734) 764-4190
Lions of Michigan Foundation	(734) 887-6640
Michigan Bureau of Services for Blind Persons	(313) 456-1646
Washtenaw Library for the Blind and Print Disabled	(734) 327-4224

### VOLUNTEER OPPORTUNITIES

Catholic Charities Washtenaw County:

CCWC RSVP (Retired & Senior Volunteer Program)	(734) 971-9781 Ext. 377
Volunteering	(734) 971-9781 Ext. 338
Hospice of Michigan Volunteer Program	(888) 247-5701
Jewish Family Services Older Adult Services	(734) 769-0209
OCED Foster Grandparent Program	(734) 544-3040
United Way of Southeastern Michigan	(734) 971-8200

### IMPORTANT WEBSITES ↓

AgeWays Nonprofit Senior Services	ageways.org
GetSetUp Virtual Classes	getsetup.io/partner/michigan
Senior Planet	seniorplanet.org
Senior Resource Connect	SeniorResourceConnectMI.org
Low-Cost Medical Equipment	michiganloan closets.us/washtenaw