



Drop-in



Registration Required



Fee/Donation

CSC Gifts of Autumn:

THANK YOU to everyone that has helped CSC work towards our goal for this annual campaign!



January Birthdays Celebration

Tuesday, January 20 at Noon

Hosted by JIFFY Mixes. Join us to celebrate & enjoy a tasty lunch and birthday cake with friends. **Registration required to reserve a meal, give CSC a call.**



Art for Life: Gian Lorenzo Bernini

Thursday, January 8, 3:00 p.m.

Suggested \$5 donation



Presented by Kathy Gunderson. The Italian sculptor, architect and painter, Gian Lorenzo Bernini, is inarguably the most famous sculptor of the 17th century. A child prodigy, he worked in Rome & Vatican City for 50 years and embodied the dynamism and emotional style of the Baroque Period, being hailed as "the Michelangelo of his age" by Pope Paul V when Bernini was not yet an adult. Bernini's "David", one of his best known works, was created when he was 24. **To register call or email CSC with your name & phone number.**



Happy Hour

Friday, January 30, 4:00 p.m.

Los Tres Amigos, Chelsea



Enjoy food, drinks, and fun conversation with friends at Los Tres Amigos, 350 N Main St, Chelsea. Cost is on your own. **Registration is required so we know how many seats to reserve. Call or email CSC with your name and phone number.**



Volunteer Appreciation

Warm Hearts, Helping Hands

Thursday, January 15, 3:00-5:00 p.m.

RSVP needed by January 10



CSC is grateful for our volunteers who help make CSC such a great place to be! In appreciation, we invite all volunteers to join us for food, friends, and fun! **Registration is required. Call or email CSC with your name and phone number by Jan 10.**



Inclement Weather Policy

The Chelsea Senior Center closes when the **CHELSEA SCHOOL DISTRICT CLOSSES** for **SNOW** or **ICE** or **EXTREME COLD**. All programs, on-site congregate lunch, and home delivered meals are cancelled when CSC is closed for bad weather. Check local radio or television stations, or Chelsea School District's social media accounts, for closing information. If CSC is closed, our telephone voicemail message will be updated stating the closure by 8:00 a.m. (734) 475-9242.



D Drop-in **R** Registration Required **\$** Fee/Donation

Happy New Year! The Next Chapter looks different. Now called "Next Chapter News", it's streamlined to share with you the activities that are unique to the month and/or the coming months. Like, Art for Life's January topic; information about February's SOUPer Bowl Contest; latest updates on and new trips coming from CSC's Travel Committee. Everything else you love about being a part of the community that is CSC, continues to take place, and you still can find information about what happens here every day of the week listed on the calendar (pages 4 & 5), on our website (which stay tuned, will be updated and made more senior friendly in the next several months), and posted at the Center. In months to come you'll also find news about exciting new initiatives and learn more about you as volunteers, members, and participants here at CSC.

If you ever have questions, stop by to have a chat, give us a call (734) 475-9242. There would be no Chelsea Senior Center without you! - Jennifer

Generations & Lives Well Lived Interviews

THANK YOU volunteers for your time, energy and dedication with the Chelsea School District students to make these intergenerational interview events a success!



AARP Free Tax Preparation Assistance

Appointments run Feb-Apr 2026
Scheduling begins mid-January 2026 **R**

This FREE tax preparation assistance service is provided by trained IRS/AARP Volunteers and intended for Older Adults who have lower income levels and simple returns. AARP membership is not required. The volunteers can assist with Federal and Michigan 1040 forms and credits and amended returns. Returns are submitted electronically and you will receive a paper copy to take home. **For more information or to schedule an appointment call CSC starting middle of January 2026.**

- CSC will be **CLOSED** for the holiday on Jan 1 & Jan 2
- The daily lunch entrée can now be found listed on our calendar Pgs 4-5



Meet Jan Bernath: Time Travel with Tom Exploring Stories & CSC History

Tuesday, January 13, 1:00 p.m. **D**

Hosted by Tom Higgins. Drop in for this special monthly series featuring live interviews with CSC members from past and present to look back with us and learn more about CSC's impact. **January interview: Jan Bernath.**



Another opportunity! "Lives Well Lived" interviews:

Thursday, February 12, time TBA **R**

Mrs. Johnson at Chelsea High School has another class this trimester with new 12th graders and is in need of 12 volunteers for another round of "Lives Well Lived" interviews. Inspired by a 2017 documentary "Lives Well Lived", CHS students will interview & write a narrative of Chelsea's own seniors to showcase their personal histories & memories. Their culminating project is based on the documentary's questions which they will craft a narrative of that senior's life as a way to celebrate & tell their story. **Note: Interviews will be held at Chelsea High School. To register for an interview please call or email CSC with your name & phone number.**



Ask an Expert

Wednesday, January 14, 11:15 a.m. **R**

Facilitated by Sophia Speroff, Registered Dietician, and Betty Chaffee, your friendly neighborhood pharmacist. Join us for this monthly presentation on various topics to learn more on making healthy choices from the knowledge shared by our local registered dietician and our friendly neighborhood pharmacist. Topics cover, health, diet, vitamins, supplements, medications, and so much more! **To register, call or email CSC with your name & phone number.**



SOUPer Bowl Contest

Friday, February 6
during lunch at Noon **R**



Do you have a soup recipe that is championship worthy? Then enter it into the **SOUPer Bowl competition!** Categories include **CLEAR BROTH SOUP** or **THICK CREAM/CHOWDER SOUP**. Make your soup and bring it in to CSC in a crockpot or roaster to keep warm in the cafeteria. CSC will label it with a Entry Number & Name. Lunch attendees will then walk up and take samples to taste and then vote on their favorite in each category. Winners will be awarded at the end of the lunch. **To register as a SOUPer Bowl Competitor call or email CSC with your name, phone number, and soup category.**



A Brief Stop

Tue-Wed-Thu
9:30 a.m.-2:00 p.m.
and by appointment

Located at Chelsea Senior Center, this is a discreet personal needs closet offering briefs, pads, and related care products to supplement senior needs.

- Basic information collected
- Supplies are free of charge
- Financial contributions & product donations accepted
Reasonable limits are in place to ensure as many seniors as possible benefit each week.

For more information please reach out to us (734) 475-9242.



Reflective Address Sign & Lock Box Programs



CSC is offering free security lock boxes and reflective address signs for area seniors. CSC is managing these programs in conjunction with the Chelsea Area Fire Authority (CAFA).

The **Reflective Address Sign** is a highly visible (day or night) customized sign displaying your address that will assist emergency vehicles in locating your home. *NOTE: Resident is responsible for the installation of sign.*

The **Lock Box** is attach to your home and securely stores a spare key to your residence so emergency responders called to your residence will have the ability to access the key and enter to provide assistance without having to force down your door. *NOTE: These boxes are registered with and installed at no cost by CAFA staff. One box per household for residents 60 and older that live within the CAFA service area: Chelsea, Lima, Lyndon, Sylvan and parts of Dexter Township. NO Manchester or City of Dexter.*

To register for either of these programs simply give CSC a call (734) 475-9242, during our business hours Monday through Friday, 8:30 a.m. to 4:00 p.m. When you register, CSC will provide further instructions.

Chelsea Expo 2026

March 7, 10 a.m. - 2 p.m., at WSEC

Vendor Applications will be available online starting in mid-January.



THANK YOU!

CADDY Quilters

For making all of the beautiful table runners for our Thanksgiving and Christmas Holiday Lunches.



THANK YOU!

CSC Knit & Crochet & Stained Glass Groups

In November & December the groups sold handmade items, mostly from donated materials, and all profits (over \$2,000!) were donated back to CSC in memory of knit & crochet members Bonnie Udics & Lorna Eberts



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**CSC Travel Opportunities****Mystery Trip****Wednesday, January 14, \$77/person****Depart 10:30 a.m., Return 3:00 p.m.**

Price includes roundtrip coach transportation, driver tip, admission, and an early lunch. *Trip Clue: we will travel not too far. George Washington would liked this and Red Riding Hood would have said, "Grandmother, what big ___ you have..." You and others may benefit from this trip.* **NOTE:** trip will include a lot of walking. **Full payment due at Registration.**

Hamtramck* Perogies & Paczki's**Thursday, February 12, \$132/person****Depart 8:45 a.m., Return 3:45 p.m.**

Price includes roundtrip coach transportation, Hamtramck history tour, Polish Village Café, New Palace Bakery, and more! **There is a fair amount of walking & steps on this trip.* **\$25 deposit due at Registration. Full payment due Jan 12.**

Michigan Thrift Store Adventure**Thursday, March 19, \$95/person****Depart 8:00 a.m., Return 5:30 p.m.**

Price includes roundtrip coach transportation, lunch at Clara's on the River in Battle Creek, a shopping bag, and driver tip. **\$25 deposit due at Registration. Full payment due Feb 19.**

Holland Tulip Time Holland, MI**Thursday, May 7, \$158/person****Depart 7:45 a.m., Return 5:45 p.m.**

Price includes roundtrip coach transportation, lunch at Curragh Irish Pub & Restaurant in Holland, time to shop in downtown Holland, visit at Veldheer Tulip Gardens, and driver tip. **\$25 deposit due at Registration. Full payment due Apr 7.**

Traverse City Adventure Michigan**May 19-20, \$450/person****Depart 7:30 a.m. May 19, Return 5:00 p.m. May 20**

Price includes roundtrip coach transportation, hotel lodging, one-hour walking historic asylum tour, G.T. butterfly house & bug zoo tour, gift certificate, lunch at Sleder's, shopping, driver tip, and more. **\$100 deposit due at Registration. Full payment due Apr 20.**

Canal Days Grand Rapids, Ohio**Wednesday, June 10, \$112/person****Depart 8:15 a.m., Return 5:30 p.m.**

Price includes roundtrip coach transportation, stop at Jeffrey's Antique Gallery, lunch at Miss Lilly's, a mule drawn canal boat ride along Miami & Erie Canal, and driver tip. **\$25 deposit due at Registration. Full payment due May 10.**

Bay City Michigan**Friday, July 10, \$137/person****Depart 6:45 a.m., Return 5:30 p.m.**

Price includes roundtrip coach transportation, tour of Bay City, buffet lunch at Krzysiak's House, a 2-hour cruise down the Saginaw River aboard the Princess Wenonah, and driver tip. **\$25 deposit due at Registration.**

Full payment due Jun 10.**Rum Runners* Windsor, Ontario, Canada****Thursday, September 10, \$170/person****Depart 8:15 a.m., Return 3:45 p.m.**

Price includes roundtrip coach transportation, Rum Runners tour on bootleggers of Ontario, buffet lunch, and driver tip.

This trip requires a passport or enhanced drivers license for entry into Canada. Tour is NOT wheelchair accessible and includes stairs.* **\$25 deposit due at Registration.

Full payment due Aug 10.**Registration:**

- Register in person, payment is required to register for a trip, no over the phone payment accepted.
- For your safety, we need emergency contact information for all travelers.

**Chelsea Senior Center
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JANUARY | 2026

SENIOR CENTER MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29 Ravioli
Spaghetti Sauce
Carrots
WG Sliced Bread
Apple

30 Popcorn Chicken
Mashed Potatoes &
Gravy
Corn
Orange

31 Chelsea Senior
Center Closed

1 Chelsea Senior
Center Closed
Happy New Year!

2 Chelsea Senior
Center Closed

5 Macaroni & Cheese
Stewed Tomatoes
Orange
WG Dinner Roll

6 Sweet & Sour
Chicken
WG Brown Rice
Peas
Corn
Orange

7 Goulash
Carrots
Banana
WG Breadstick

8 Turkey Reuben on
WG Bread
Sauerkraut
Mixed Vegetables
Grape Juice

9 Chicken Drumstick
Mashed Potatoes
Gravy
Green Beans
Applesauce
WG Bread 2

12 Beef Stroganoff
Noodles
Three Bean Salad
Banana
WG Dinner Roll

13 Beef Lasagna
WG Breadstick
Corn
Banana

14 Chicken Patty
Redskin Potatoes
Corn
Orange
WG Bun

15 Beef Hot Dog
Baked Beans
Mixed Vegetables
Orange
WG Bun

16 BBQ Pork
Baked Beans
Tater Tots
Applesauce
WG Bun

19 General Tso's
Chicken
WG Brown Rice
Peas
Corn
Apple

20 BIRTHDAY CELEBRATION
Pork Chops
Mashed Potatoes &
Gravy
Green Beans
Applesauce

21 Chicken Parmesan
Spaghetti w Sauce
Carrots
Grape Juice

22 Grilled Cheese
Tomato Soup
Mixed Veggies
Apple

23 Cheesy Chicken &
Rice
Broccoli
Beets
Fruit Punch
WG Bread

26 Kielbasa
Sauerkraut
Redskins Potatoes
Grape Juice
WG Bun

27 Meatloaf/Gravy
Whipped Potatoes
Green Beans
Applesauce
WG Bread 2

28 Hamburger
Tater Tots
Peas
Diced Peas
WG Bun

29 Tacos
Lettuce/Tomato
Shredded Cheese
Black Bean Fiesta
WG Tortilla 2
Banana

30 Pork Riblet
Potato Wedges
Coleslaw
Applesauce
WG Bun

News

To order lunch to eat at CSC call (734) 475-9242 at least one day in advance.

Remember to bring a to-go container for leftovers from your lunch.

The Senior Nutrition Program is funded by Washtenaw County OCED, Ageways, and other state and federal agencies.

If you would like more information about Meals on Wheels delivery call (734) 475-9242.

Fresh produce from the Intergenerational Garden will be added to the menu when available.

The Menu is subject to change without notice.

Chelsea Senior Citizens Activities Center
512 Washington Street
Chelsea, MI 48118

Nonprofit Org.
U.S. Postage
PAID
Chelsea, Mich.
Permit No. 21

January 2026

Your **CSC membership expiration date**
is listed above your name →



**Chelsea
Senior Center**

Building community
Creating connections
Enriching lives

CSC is open Mon – Fri 8:30 a.m. – 4:00 p.m.
Phone: (734) 475-9242 Fax: (734) 562-2164
Email: connected@chelseaseniors.org
Website: www.chelseaseniors.org
Jennifer Smith, Executive Director

In memoriam:
Julie Deppner
Charlene Harris
Ed Whitaker



Mark your Calendars:

Jan 1 & 2: Closed for the Holiday
Jan 15: Volunteer Appreciation Event
Mar 7: Chelsea Expo



*Chelsea Senior Center is a 501c3 organization funded by numerous community supporters: **City of Chelsea, local townships of Dexter, Lima, Lyndon, Sylvan, Sharon, and the members and Board of Chelsea Senior Center.** The Chelsea Senior Center complies with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973 and is an equal opportunity employer. Reasonable accommodations will be provided upon notification or request.*