



Chelsea  
Senior Center

# Next Chapter News

Building Community  
Creating Connections  
Enriching Lives

• Issue 203 •

Membership \$25/year



Scholarships available

• January 2026 •

D Drop-in

R Registration Required

S Fee/Donation

## CSC Gifts of Autumn:

THANK YOU to everyone that has helped CSC work towards our goal for this annual campaign!



## January Birthdays Celebration

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Tuesday, January 20 at Noon

Hosted by JIFFY Mixes. Join us to celebrate & enjoy a tasty lunch and birthday cake with friends. **Registration required to reserve a meal, give CSC a call.**



## Art for Life: Gian Lorenzo Bernini

R\$

Thursday, January 8, 3:00 p.m.

Suggested \$5 donation

Presented by Kathy Gunderson. The Italian sculptor, architect and painter, Gian Lorenzo Bernini, is inarguably the most famous sculptor of the 17th century. A child prodigy, he worked in Rome & Vatican City for 50 years and embodied the dynamism and emotional style of the Baroque Period, being hailed as "the Michelangelo of his age" by Pope Paul V when Bernini was not yet an adult. Bernini's "David", one of his best known works, was created when he was 24. **To register call or email CSC with your name & phone number.**

**\*Inclement Weather Policy\*** The Chelsea Senior Center closes when the **CHELSEA SCHOOL DISTRICT CLOSES** for SNOW or ICE or EXTREME COLD.

All programs, on-site congregate lunch, and home delivered meals are cancelled when CSC is closed for bad weather. Check local radio or television stations, or Chelsea School District's social media accounts, for closing information. If CSC is closed, our telephone voicemail message will be updated stating the closure by 8:00 a.m. (734) 475-9242.



## Happy Hour

R\$

Friday, January 30, 4:00 p.m.



Los Tres Amigos, Chelsea

Enjoy food, drinks, and fun conversation with friends at *Los Tres Amigos*, 350 N Main St, Chelsea. Cost is on your own. **Registration is required so we know how many seats to reserve. Call or email CSC with your name and phone number.**



## Volunteer Appreciation

R

Warm Hearts, Helping Hands

Thursday, January 15, 3:00-5:00 p.m.

RSVP needed by January 10

CSC is grateful for our volunteers who help make CSC such a great place to be! In appreciation, we invite all volunteers to join us for food, friends, and fun!

**Registration is required. Call or email CSC with your name and phone number by Jan 10.**



D Drop-in R Registration Required \$ Fee/Donation

**Happy New Year!** The Next Chapter looks different. Now called "Next Chapter News", it's streamlined to share with you the activities that are unique to the month and/or the coming months. Like, Art for Life's January topic; information about February's SOUPer Bowl Contest; latest updates on and new trips coming from CSC's Travel Committee. Everything else you love about being a part of the community that is CSC, continues to take place, and you still can find information about what happens here every day of the week listed on the calendar (pages 4 & 5), on our website (which stay tuned, will be updated and made more senior friendly in the next several months), and posted at the Center. In months to come you'll also find news about exciting new initiatives and learn more about you as volunteers, members, and participants here at CSC.

If you ever have questions, stop by to have a chat, give us a call (734) 475-9242. There would be no Chelsea Senior Center without you! - Jennifer



**Meet Jan Bernath: Time Travel with Tom Exploring Stories & CSC History**  
Tuesday, January 13, 1:00 p.m.



*Hosted by Tom Higgins.* Drop in for this special monthly series featuring live interviews with CSC members from past and present to look back with us and learn more about CSC's impact. **January interview: Jan Bernath.**



**Another opportunity!**  
**"Lives Well Lived" interviews:**  
Thursday, February 12, time TBA



**Mrs. Johnson at Chelsea High School has another class this trimester with new 12th graders and is in need of 12 volunteers for another round of "Lives Well Lived" interviews.** Inspired by a 2017 documentary "Lives Well Lived", CHS students will interview & write a narrative of Chelsea's own seniors to showcase their personal histories & memories. Their culminating project is based on the documentary's questions which they will craft a narrative of that senior's life as a way to celebrate & tell their story.

**Note: Interviews will be held at Chelsea High School.** To register for an interview please call or email CSC with your name & phone number.

### **Generations & Lives Well Lived Interviews**

**THANK YOU** volunteers for your time, energy and dedication with the Chelsea School District students to make these intergenerational interview events a success!



### **AARP Free Tax Preparation Assistance**

Appointments run Feb-Apr 2026



Scheduling begins mid-January 2026

**This FREE tax preparation assistance service is provided by trained IRS/AARP Volunteers and intended for Older Adults who have lower income levels and simple returns.** AARP membership is not required. The volunteers can assist with Federal and Michigan 1040 forms and credits and amended returns. Returns are submitted electronically and you will receive a paper copy to take home. **For more information or to schedule an appointment call CSC starting middle of January 2026.**

- CSC will be CLOSED for the holiday on Jan 1 & Jan 2
- The daily lunch entrée can now be found listed on our calendar Pgs 4-5



### **Ask an Expert**

Wednesday, January 14, 11:15 a.m.



Facilitated by Sophia Speroff, Registered Dietician, and Betty Chaffee, your friendly neighborhood pharmacist. Join us for this monthly presentation on various topics to learn more on making healthy choices from the knowledge shared by our local registered dietician and our friendly neighborhood pharmacist. Topics cover, health, diet, vitamins, supplements, medications, and so much more! To register, call or email CSC with your name & phone number.



### **SOUPer Bowl Contest**

Friday, February 6  
during lunch at Noon



Do you have a soup recipe that is championship worthy? Then enter it into the **SOUPer Bowl competition!** Categories include **CLEAR BROTH SOUP** or **THICK CREAM/CHOWDER SOUP**. Make your soup and bring it in to CSC in a crockpot or roaster to keep warm in the cafeteria. CSC will label it with a Entry Number & Name. Lunch attendees will then walk up and take samples to taste and then vote on their favorite in each category. Winners will be awarded at the end of the lunch. **To register as a SOUPer Bowl Competitor call or email CSC with your name, phone number, and soup category.**



## *A Brief Stop*

**Tue-Wed-Thu**  
**9:30 a.m.-2:00 p.m.**  
**and by appointment**

Located at Chelsea Senior Center, this is a discreet personal needs closet offering briefs, pads, and related care products to supplement senior needs.

- Basic information collected
- Supplies are free of charge
- Financial contributions & product donations accepted

*Reasonable limits are in place to ensure as many seniors as possible benefit each week.*

**For more information please reach out to us (734) 475-9242.**



**Chelsea Community Senior Services**



### Reflective Address Sign & Lock Box Programs

*CSC is offering free security lock boxes and reflective address signs for area seniors. CSC is managing these programs in conjunction with the Chelsea Area Fire Authority (CAFA).*

The **Reflective Address Sign** is a highly visible (day or night) customized sign displaying your address that will assist emergency vehicles in locating your home. *NOTE: Resident is responsible for the installation of sign.*

The **Lock Box** is attach to your home and securely stores a spare key to your residence so emergency responders called to your residence will have the ability to access the key and enter to provide assistance without having to force down your door. *NOTE: These boxes are registered with and installed at no cost by CAFA staff.* One box per household for residents 60 and older that live within the CAFA service area: Chelsea, Lima, Lyndon, Sylvan and parts of Dexter Township. NO Manchester or City of Dexter.

**To register for either of these programs simply give CSC a call (734) 475-9242, during our business hours Monday through Friday, 8:30 a.m. to 4:00 p.m. When you register, CSC will provide further instructions.**

## Chelsea Expo 2026

**March 7, 10 a.m. - 2 p.m., at WSEC**

*Vendor Applications will be available online starting in mid-January.*



## THANK YOU!

### **CADDY Quilters**

For making all of the beautiful table runners for our Thanksgiving and Christmas Holiday Lunches.



## THANK YOU!

### **CSC Knit & Crochet & Stained Glass Groups**

In November & December the groups sold handmade items, mostly from donated materials, and all profits (*over \$2,000!*) were donated back to CSC in memory of knit & crochet members Bonnie Udics & Lorna Eberts





**Senior Café Lunch:**

- Reserve your Lunch by Noon the day before you plan to join us.
- If age 60+, \$3-\$5 donation suggested.
- If under 60 years of age, lunch cost \$5.
- You don't have to be a CSC member in order to enjoy lunch here.
- For info on Meals on Wheels give CSC



CSC membership is required to participate in our activities and programs.

Remember to allow time to process your membership in the CSC Office.

**Thu 1 Jan**

-CLOSED-



**Fri 2 Jan**

-CLOSED-



<b>Mon 5 Jan</b>	12:00 Lunch: Mac & Cheese 8:30 Line Dancing 8:30 Indoor Pickleball 9:00 Bingo 9:00 Pool/Billiards 9:30 Gentle Yoga 9:45 Enhance Fitness 11:00 Improving Balance
<b>Tue 6 Jan</b>	12:00 Mexican Train 8:30 Indoor Pickleball 9:30 A Brief Stop 9:30 Onsite Ease the Day 10:30 Siber/Mples/Friends Chair® 11:00 Movin/Groovin 12:00 Lunch: Sweet & Sour Chicken

<b>Tue 6 Jan</b>	12:00 Mexican Train 8:30 Indoor Pickleball 9:30 A Brief Stop 9:30 Onsite Ease the Day 10:30 Siber/Mples/Friends Chair® 11:00 Movin/Groovin 12:00 Lunch: Sweet & Sour Chicken
<b>Wed 7 Jan</b>	11:00 Body Core Strengthening 8:30 Indoor Pickleball 9:00 Pool/Billiards 9:00 Stained Glass 9:30 A Brief Stop 9:30 Onsite Ease the Day 9:45 Enhance Fitness 9:45 A Moment for Me 10:00 Tech Support

<b>Wed 7 Jan</b>	11:00 Body Core Strengthening 8:30 Indoor Pickleball 9:00 Pool/Billiards 9:00 Stained Glass 9:30 A Brief Stop 9:30 Onsite Ease the Day 9:45 Enhance Fitness 9:45 A Moment for Me 10:00 Tech Support
<b>Thu 8 Jan</b>	12:00 Lunch: Turkey Reuben 8:30 Board Meeting 12:30 Bridge 8:30 Indoor Pickleball 9:00 TOPS Club 9:30 A Brief Stop 9:30 Onsite Ease the Day 10:00 Cardio Drumming 9:45 Movin/Groovin 10:00 Square Dancing 11:00 Chair Yoga 11:30 WAVE Info Table

<b>Thu 8 Jan</b>	12:00 Lunch: Turkey Reuben 8:30 Board Meeting 12:30 Bridge 8:30 Indoor Pickleball 9:00 TOPS Club 9:30 A Brief Stop 9:30 Onsite Ease the Day 10:00 Cardio Drumming 9:45 Movin/Groovin 10:00 Square Dancing 11:00 Chair Yoga 11:30 WAVE Info Table
<b>Fri 9 Jan</b>	12:45 Euchre 8:30 Indoor Pickleball 10:00 Happy Trail Hike® 9:00 Bingo 9:45 Enhance Fitness 10:00 Cabbage 10:00 Woodcarving 12:00 Lunch: Chicken Drumstick

<b>Mon 12 Jan</b>	12:00 Lunch: Beef Stroganoff 8:30 Line Dancing 8:30 Indoor Pickleball 9:00 Bingo 9:00 Pool/Billiards 9:30 Gentle Yoga 9:45 Enhance Fitness 11:00 Improving Balance
<b>Tue 13 Jan</b>	11:30 Rei Hot Ladies® 12:00 Lunch: Beef Lasagna Paper Shredding appts 8:30 Indoor Pickleball 12:45 Onsite Ease the Day 9:30 A Brief Stop 9:30 Onsite Ease the Day 10:00 Paper Crafts 10:30 Siber/Mples/Friends Chair® 11:00 Movin/Groovin

<b>Tue 13 Jan</b>	11:30 Rei Hot Ladies® 12:00 Lunch: Beef Lasagna Paper Shredding appts 8:30 Indoor Pickleball 12:45 Onsite Ease the Day 9:30 A Brief Stop 9:30 Onsite Ease the Day 10:00 Paper Crafts 10:30 Siber/Mples/Friends Chair® 11:00 Movin/Groovin
<b>Wed 14 Jan</b>	11:15 Asian Expert 12:00 Lunch: Chicken 8:30 Indoor Pickleball 9:00 Pool/Billiards NO Stained Glass 9:30 A Brief Stop 9:30 Onsite Ease the Day 10:00 Time Travel Tom 1:00 Quilting 1:30 Ukulele 2:30 Cardio Drumming 11:00 Body Core Strengthening

<b>Wed 14 Jan</b>	11:15 Asian Expert 12:00 Lunch: Chicken 8:30 Indoor Pickleball 9:00 Pool/Billiards NO Stained Glass 9:30 A Brief Stop 9:30 Onsite Ease the Day 10:00 Time Travel Tom 1:00 Quilting 1:30 Ukulele 2:30 Cardio Drumming 11:00 Body Core Strengthening
<b>Thu 15 Jan</b>	12:00 Lunch: Beef Hot Dog Paper Shredding appts Chair Massage appts 8:30 Indoor Pickleball 12:30 Blood Pressure Checks 9:00 TOPS Club 9:30 A Brief Stop 9:30 Onsite Ease the Day 10:00 Square Dancing 9:45 Movin/Groovin 11:00 Chair Yoga Appreciation Event

<b>Thu 15 Jan</b>	12:00 Lunch: Beef Hot Dog Paper Shredding appts Chair Massage appts 8:30 Indoor Pickleball 12:30 Blood Pressure Checks 9:00 TOPS Club 9:30 A Brief Stop 9:30 Onsite Ease the Day 10:00 Square Dancing 9:45 Movin/Groovin 11:00 Chair Yoga Appreciation Event
<b>Fri 16 Jan</b>	12:00 Lunch: BBQ Pork 8:30 Indoor Pickleball 12:45 Euchre 10:00 Happy Trail Hike® 9:00 Bingo 9:45 Enhance Fitness 10:00 Cabbage 10:00 Woodcarving 10:30 Begin. Tai Chi 10:45 Blood Pressure Checks 11:40 Inter. Tai Chi

<b>Mon 19 Jan</b>	12:00 Lunch: General Tso's Chicken 8:30 Line Dancing 8:30 Indoor Pickleball 9:00 Bingo 9:00 Pool/Billiards 9:30 Gentle Yoga 9:45 Enhance Fitness 11:00 Improving Balance
<b>Tue 20 Jan</b>	12:30 Mexican Train 8:30 Indoor Pickleball 9:30 A Brief Stop 9:30 Onsite Ease the Day 10:30 Siber/Mples/Friends Chair® 11:00 Movin/Groovin 12:00 Birthday Lunch: Pork Chops

<b>Tue 20 Jan</b>	12:30 Mexican Train 8:30 Indoor Pickleball 9:30 A Brief Stop 9:30 Onsite Ease the Day 10:30 Siber/Mples/Friends Chair® 11:00 Movin/Groovin 12:00 Birthday Lunch: Pork Chops
<b>Wed 21 Jan</b>	11:00 Estate Planning Q&A Footcare appts 8:30 Indoor Pickleball 9:00 Pool/Billiards 9:00 Stained Glass 9:30 A Brief Stop 9:30 Onsite Ease the Day 9:45 Enhance Fitness 9:45 A Moment for Me 10:00 Tech Support

<b>Wed 21 Jan</b>	11:00 Estate Planning Q&A Footcare appts 8:30 Indoor Pickleball 9:00 Pool/Billiards 9:00 Stained Glass 9:30 A Brief Stop 9:30 Onsite Ease the Day 9:45 Enhance Fitness 9:45 A Moment for Me 10:00 Tech Support
<b>Thu 22 Jan</b>	12:00 Lunch: Gilled Cheese 8:30 Indoor Pickleball 9:00 TOPS Club 9:00 Newsletter Assembly 9:30 A Brief Stop 9:30 Onsite Ease the Day 9:45 Movin/Groovin 10:45 Blood Pressure Checks 11:00 Chair Yoga

<b>Thu 22 Jan</b>	12:00 Lunch: Gilled Cheese 8:30 Indoor Pickleball 9:00 TOPS Club 9:00 Newsletter Assembly 9:30 A Brief Stop 9:30 Onsite Ease the Day 10:00 Cardio Drumming 9:45 Movin/Groovin 10:00 Square Dancing 10:45 Blood Pressure Checks 11:00 Chair Yoga
<b>Fri 23 Jan</b>	12:00 Lunch: Cheesy Chicken & Rice 8:30 Indoor Pickleball 10:00 Happy Trail Hike® 9:00 Bingo 9:45 Enhance Fitness 10:00 Cabbage 10:00 Woodcarving 10:30 Begin. Tai Chi 11:40 Inter. Tai Chi

<b>Mon 26 Jan</b>	12:30 Hand/Foot 12:45 Onsite Ease the Day 8:30 Line Dancing 8:30 Indoor Pickleball 9:00 Bingo 9:00 Pool/Billiards 9:30 Gentle Yoga 9:45 Enhance Fitness 11:00 Improving Balance 12:00 Lunch: Kielbasa
<b>Tue 27 Jan</b>	12:00 Lunch: Mexican Train Paper Shredding appts 8:30 Indoor Pickleball 9:30 A Brief Stop 9:30 Onsite Ease the Day 10:00 All-Day Quilting 10:30 Siber/Mples/Friends Chair® 11:00 Movin/Groovin

<b>Tue 27 Jan</b>	12:00 Lunch: Mexican Train Paper Shredding appts 8:30 Indoor Pickleball 9:30 A Brief Stop 9:30 Onsite Ease the Day 10:00 All-Day Quilting 10:30 Siber/Mples/Friends Chair® 11:00 Movin/Groovin
<b>Wed 28 Jan</b>	11:00 Body Core Strengthening 8:30 Indoor Pickleball 12:00 Lunch: Hamburger 9:00 Pool/Billiards 9:00 Stained Glass 9:30 A Brief Stop 9:30 Onsite Ease the Day 1:00 Sewing Group 9:45 Enhance Fitness 1:00 Senior Fun Bowling® 10:00 Tech Support

<b>Wed 28 Jan</b>	11:00 Body Core Strengthening 8:30 Indoor Pickleball 12:00 Lunch: Hamburger 9:00 Pool/Billiards 9:00 Stained Glass 9:30 A Brief Stop 9:30 Onsite Ease the Day 1:00 Sewing Group 9:45 Enhance Fitness 1:00 Senior Fun Bowling® 10:00 Tech Support
<b>Thu 29 Jan</b>	12:00 Lunch: Tacos 8:30 Indoor Pickleball 12:30 Bridge 9:00 TOPS Club 9:30 A Brief Stop 9:30 Onsite Ease the Day 1:00 Cardio Drumming 9:45 Movin/Groovin 1:00 Square Dancing 10:45 Blood Pressure Checks 11:00 Chair Yoga

<b>Thu 29 Jan</b>	12:00 Lunch: Tacos 8:30 Indoor Pickleball 12:30 Bridge 9:00 TOPS Club 9:30 A Brief Stop 9:30 Onsite Ease the Day 1:00 Cardio Drumming 9:45 Movin/Groovin 1:00 Square Dancing 10:45 Blood Pressure Checks 11:00 Chair Yoga
<b>Fri 30 Jan</b>	12:00 Lunch: Pork Riblet 8:30 Indoor Pickleball 12:45 Euchre 10:00 Happy Trail Hike® 9:00 Bingo 9:45 Enhance Fitness 10:00 Cabbage 10:00 Woodcarving 10:30 Begin. Tai Chi 11:40 Inter. Tai Chi



## CSC Travel Opportunities

Mystery Trip**Wednesday, January 14, \$77/person****Depart 10:30 a.m., Return 3:00 p.m.**

Price includes roundtrip coach transportation, driver tip, admission, and an early lunch. *Trip Clue: we will travel not too far. George Washington would like this and Red Riding Hood would have said, "Grandmother, what big \_\_\_ you have..." You and others may benefit from this trip.* **NOTE:** trip will include a lot of walking. **Full payment due at Registration.**

Hamtramck\* Perogies & Paczki's**Thursday, February 12, \$132/person****Depart 8:45 a.m., Return 3:45 p.m.**

Price includes roundtrip coach transportation, Hamtramck history tour, Polish Village Café, New Palace Bakery, and more! *\*There is a fair amount of walking & steps on this trip.* **\$25 deposit due at Registration. Full payment due Jan 12.**

Michigan Thrift Store Adventure**Thursday, March 19, \$95/person****Depart 8:00 a.m., Return 5:30 p.m.**

Price includes roundtrip coach transportation, lunch at Clara's on the River in Battle Creek, a shopping bag, and driver tip. **\$25 deposit due at Registration. Full payment due Feb 19.**

Holland Tulip Time Holland, MI**Thursday, May 7, \$158/person****Depart 7:45 a.m., Return 5:45 p.m.**

Price includes roundtrip coach transportation, lunch at Curragh Irish Pub & Restaurant in Holland, time to shop in downtown Holland, visit at Veldheer Tulip Gardens, and driver tip. **\$25 deposit due at Registration.**

**Full payment due Apr 7.**Traverse City Adventure Michigan**May 19-20, \$450/person****Depart 7:30 a.m. May 19, Return 5:00 p.m. May 20**

Price includes roundtrip coach transportation, hotel lodging, one-hour walking historic asylum tour, G.T. butterfly house & bug zoo tour, gift certificate, lunch at Sleder's, shopping, driver tip, and more. **\$100 deposit due at Registration.**

**Full payment due Apr 20.**Canal Days Grand Rapids, Ohio**Wednesday, June 10, \$112/person****Depart 8:15 a.m., Return 5:30 p.m.**

Price includes roundtrip coach transportation, stop at Jeffrey's Antique Gallery, lunch at Miss Lilly's, a mule drawn canal boat ride along Miami & Erie Canal, and driver tip. **\$25 deposit due at Registration. Full payment due May 10.**

Bay City Michigan**Friday, July 10, \$137/person****Depart 6:45 a.m., Return 5:30 p.m.**

Price includes roundtrip coach transportation, tour of Bay City, buffet lunch at Krzysiak's House, a 2-hour cruise down the Saginaw River aboard the Princess Wenonah, and driver tip. **\$25 deposit due at Registration.**

**Full payment due Jun 10.**Rum Runners\* Windsor, Ontario, Canada**Thursday, September 10, \$170/person****Depart 8:15 a.m., Return 3:45 p.m.**

Price includes roundtrip coach transportation, Rum Runners tour on bootleggers of Ontario, buffet lunch, and driver tip.

*\*This trip requires a passport or enhanced drivers license for entry into Canada. Tour is NOT wheelchair accessible and includes stairs.* **\$25 deposit due at Registration.**

**Full payment due Aug 10.****Registration:**

- Register in person, payment is required to register for a trip, no over the phone payment accepted.
- For your safety, we need emergency contact information for all travelers.

 Chelsea Senior Center  
Board of Directors

<b>Chair</b> Paul Schissler	Kristy Fetyko Jaclyn Klein
<b>Vice Chair</b> Jon Bentley	John Knox Holly Ridenour
<b>Treasurer</b> Dave Schaible	Carl Schwarze Diane Weid
<b>Secretary</b> Allen Cole	Charlotte Wyche Heidi Reyst, CSD representative

## Senior Center Staff

Jennifer Smith <i>Executive Director</i>
Jon Van Hoek <i>Assistant Director</i>
Meredith Nelson <i>Administrative Coordinator</i>
Jan Scarbrough <i>Bookkeeper</i>
Gina Frankhart <i>Senior Services Coordinator</i>
Marcia White <i>Member &amp; Volunteer Services Coordinator</i>
Emily Nagaonkar <i>Ease the Day Program Manager</i>
Dawn Putnam <i>Connections Coordinator</i>
Bonnie Beeman <i>Senior Nutrition Program Coordinator</i>
Sam Angus <i>Ease the Day Program Coordinator</i>
Diane Thompson <i>Office Manager</i>

# JANUARY | 2026

## SENIOR CENTER MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Ravioli Spaghetti Sauce Carrots WG Sliced Bread Apple	30 Popcorn Chicken Mashed Potatoes & Gravy Corn Orange	31 Chelsea Senior Center Closed	1 Chelsea Senior Center Closed Happy New Year!	2 Chelsea Senior Center Closed
5 Macaroni & Cheese Stewed Tomatoes Orange WG Dinner Roll	6 Sweet & Sour Chicken WG Brown Rice Peas Corn Orange	7 Goulash Carrots Banana WG Breadstick	8 Turkey Reuben on WG Bread Sourkraut Mixed Vegetables Grape Juice	9 Chicken Drumstick Mashed Potatoes Gravy Green Beans Applesauce WG Bread 2
12 Beef Stroganoff Noodles Three Bean Salad Banana WG Dinner Roll	13 Beef Lasagna WG Breadstick Corn Banana	14 Chicken Patty RedSkin Potatoes Corn Orange WG Bun	15 Beef Hot Dog Baked Beans Mixed Vegetables Orange WG Bun	16 BBQ Pork Baked Beans Tater Tots Applesauce WG Bun
19 General Tso's Chicken WG Brown Rice Peas Corn Apple	20 BIRTHDAY CELEBRATION Pork Chops Mashed Potatoes & Gravy Green Beans Applesauce	21 Chicken Parmesan Spaghetti w/Sauce Carrots Grape Juice	22 Grilled Cheese Tomato Soup Mixed Veggies Apple	23 Cheesy Chicken & Rice Broccoli Beets Fruit Punch WG Bread
26 Kielbasa Sauerkraut Redskins Potatoes Grape Juice WG Bun	27 Meatloaf/Gravy Whipped Potatoes Green Beans Applesauce WG Bread 2	28 Hamburger Tater Tots Pears Diced Pears WG Bun	29 Tacos Lettuce/Tomato Shredded Cheese Black Bean Fiesta WG Tortilla 2 Banana	30 Pork Riblet Potato Wedges Coleslaw Applesauce WG Bun

### News

To order lunch to eat at CSC call (734) 475-9242 at least one day in advance.

Remember to bring a to-go container for leftovers from your lunch.

The Senior Nutrition Program is funded by Washtenaw County OCED, Ageways, and other state and federal agencies.

If you would like more information about Meals on Wheels delivery call (734) 475-9242.

Fresh produce from the Intergenerational Garden will be added to the menu when available.

*The Menu is subject to change without notice.*

Chelsea Senior Citizens Activities Center  
512 Washington Street  
Chelsea, MI 48118

Nonprofit Org.  
U.S. Postage  
PAID  
Chelsea, Mich.  
Permit No. 21

January 2026

Your CSC membership expiration date  
is listed above your name ➔



**CSC is open Mon – Fri 8:30 a.m. – 4:00 p.m.**  
Phone: (734) 475-9242 Fax: (734) 562-2164  
Email: [connected@chelseaseniors.org](mailto:connected@chelseaseniors.org)  
Website: [www.chelseaseniors.org](http://www.chelseaseniors.org)  
Jennifer Smith, Executive Director

*In memoriam:*  
Julie Deppner  
Charlene Harris  
Ed Whitaker



**Mark your Calendars:**

Jan 1 & 2: Closed for the Holiday  
Jan 15: Volunteer Appreciation Event  
Mar 7: Chelsea Expo



*Chelsea Senior Center is a 501c3 organization funded by numerous community supporters: **City of Chelsea, local townships of Dexter, Lima, Lyndon, Sylvan, Sharon, and the members and Board of Chelsea Senior Center.** The Chelsea Senior Center complies with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973 and is an equal opportunity employer. Reasonable accommodations will be provided upon notification or request.*