



Chelsea  
Senior Center

# Next Chapter News

Building Community  
Creating Connections  
Enriching Lives

• Issue 204 •

Membership \$25/year



Scholarships available

• February 2026 •

D Drop-in

R Registration Required

\$ Fee/Donation

A family-friendly community event

## Chelsea EXPO 2026

Saturday, March 7  
10:00 am - 2:00 pm  
512 Washington Street

Visit with more than 100 local businesses, non-profits, crafters, and artisans

VOLUNTEERS NEEDED!

We need lots of volunteers to help make Chelsea Expo a success

If you can spare your friendly, smiling face for a couple of hours that day, let us know.

Or, if you like to bake, we can use your tasty talents for our BEST EVER BAKE SALE!

**R** Chelsea Senior Center  
Building community  
Creating connections  
Enriching lives

Let us know in the CSC office if we can count on you.



**SOUPer Bowl Contest**  
Friday, February 6  
during lunch at Noon

R



Do you have a soup recipe that is championship worthy? Then enter it into the SOUPer Bowl competition! Categories include **CLEAR BROTH SOUP** or **THICK CREAM/CHOWDER SOUP**. Make your soup and bring it in to CSC in a crockpot or roaster to keep warm in the cafeteria. CSC will label it with a Entry Number and Name. Lunch attendees will then walk up and take samples to taste and then vote on their favorite in each category. Winners will be awarded at the end of the lunch. **To register as a SOUPer Bowl Competitor call or email CSC with your name, phone number, and soup category.**

Dear CSC friends,

The CSC team (staff and board of directors) have been busy thinking about what the future holds for the Chelsea Senior Center. Clearly, none of us know, nor can we predict, but we all plan to be here for a long time! As you may recall, last year, CSC developed an updated strategic plan. Along the way we also tweaked our mission, vision, and values. Thank you for input as we dug in deep to put these important hallmarks in place. As a not for profit, 501c3 organization, we request funding from many sources to support what we do. These tools together, strategic plan alongside our mission, vision, and values, help philanthropic organizations understand the big picture of who CSC is, what we do, and why we do it. It also helps our corporate partners, donors, and our broader community understand Chelsea Senior Center.

The strategic plan is a living, working document. Life changes quickly and sometimes we may need to pivot. Our plan gives us grace to do just that. But know, the steps we take on this journey will always be guided by our mission and vision, and the values you helped us define. We haven't forgotten the BIG IDEA boards and all your ideas. The next step we'll take is to ascertain what suggestions we can add right away to your CSC experience.

Thank you for choosing to age together with us. We're proud to be 61 and counting. We'll be here for many years to come walking alongside you, one step at a time, at your pace.

Jennifer



We envision a world where all are valued, supported, and empowered as we age.

Engage and enrich lives of all seniors in the Chelsea area

Strategically sustain and grow Chelsea Senior Center

Strengthen external perception and awareness

Establish and maintain short-term & long-term financial stability and sustainability

Building Community, Creating Connections, Enriching Lives

Service

Inclusion

Belonging

Well Being

Fun

**D** Drop-in **R** Registration Required **\$** Fee/Donation



## Ask an Expert: Gut Health & Digestion Wednesday, February 11, 11:15 a.m.

Facilitated by Sophia Speroff, **R**

Registered Dietician, and Betty Chaffee,

your friendly neighborhood pharmacist. Find out how diet, fiber, probiotics, and medications can improve digestion and support gut health. Get practical tips to keep your digestive system running smoothly and comfortably. **To register, call or email CSC with your name & phone number.**



## Art for Life: Johannes Vermeer

Thursday, February 12, 3:00 p.m.

Suggested \$5 donation

**R** **\$**

Presented by Kathy Gunderson.

Johannes Vermeer is known for his quiet reflections of Dutch merchant class life. Vermeer was baptized in Delft on October 31, 1632, and was buried there in 1675. His birthdate is unknown, his teacher is unknown, his students, if any, are unknown and the exact number of paintings he created in his lifetime-also unknown. Yet, today, Vermeer's work "The Concert" is one of the most famous paintings in the world and considered to be the most expensive stolen work in art history. It's location? Unknown. **To register call or email CSC with your name & phone number.**



*Another opportunity!*

**"Lives Well Lived" interviews:**

Thursday, February 12, time TBD

**R**

Mrs. Johnson at Chelsea High School has another class this trimester with new 12th graders and is in need of 12 volunteers for another round of "Lives Well Lived" interviews. Inspired by a 2017 documentary "Lives Well Lived", CHS students will interview & write a narrative of Chelsea's own seniors to showcase their personal histories & memories. Their culminating project is based on the documentary's questions which they will craft a narrative of that senior's life as a way to celebrate & tell their story. **Note: Interviews will be held at Chelsea High School. To register for an interview please call or email CSC with your name & phone number.**

- The daily lunch entrée is now listed on our calendar on Pgs. 4-5
- Square Dancing returns in March



The recent "Mystery Trip" was an adventure to the U of M Dental School and Museum. **For more information on CSC Travel Committee trips please see Page 6.**



## Genealogy Help Group

Monday, February 16, 1:00 pm



Facilitated by Bill O'Reilly. Gather to share ideas & techniques on tracing your family history, for all levels of understanding & research.



## February Birthdays Celebration

Tuesday, February 17 at Noon

Hosted by Eder Diver Insurance Agency. Join us to celebrate & enjoy a tasty lunch and birthday cake with friends. **Registration required to reserve a meal, give CSC a call.**



## Happy Hour

Friday, February 27, 4:00 p.m.

*Dan's Chelsea Tavern*

**R** **\$**

Enjoy food, drinks, and fun conversation with friends at *Dan's Chelsea Tavern, 110 W Middle St, Chelsea*. Cost is on your own. **Registration is required so we know how many seats to reserve. Call or email CSC with your name and phone number.**



**Trinh Pifer**

## **Intergenerational Garden**



### Garden Planning Meeting

Tuesday, February 3, 10:00 a.m.

All volunteers interested in participating in the **Trinh Pifer Intergenerational Garden** this year are encouraged to drop in and attend this planning meeting. If you enjoy learning and working alongside school-aged kids, we have exciting programs planned. **All are welcome, please join us!**



## A Brief Stop

Tue-Wed-Thu  
9:30 a.m.-2:00 p.m.  
and by appointment

Located at Chelsea Senior Center, this is a discreet personal needs closet offering briefs, pads, and related care products to supplement senior needs.

- Basic information collected
- Supplies are free of charge
- Financial contributions & product donations accepted

*Reasonable limits are in place to ensure as many seniors as possible benefit each week.*

**For more information please reach out to us (734) 475-9242.**



Chelsea Community  
Senior Services

### *A Brief Stop Gets a Home!*

For many older adults, a trip to the store is not as simple as it once was. Limited mobility, caregiving demands, fixed incomes, or unreliable transportation can turn even the most essential errands into real hurdles. Beginning December 2, CSC stepped up to quietly and respectfully help.



Temporarily housed next to the boardroom, *A Brief Stop* is moving to a home just past the Senior Cafe servery. Thanks to Kevin & Carol Bingel's generous donation of office furniture and storage, there is plenty of room for adult briefs, pads, and related care products to supplement regular needs of area seniors.

The new discreet, easily accessible, frequently available space is open Tuesdays, Wednesdays, and Thursdays from 9:30 a.m. - 2:00 p.m. and welcomes all area seniors. Visitors provide basic information, and while supplies are free of charge, reasonable limits are in place to ensure that as many seniors as possible can benefit each week.

Staff and volunteers emphasize privacy, kindness, and the belief that no one should have to choose between personal comfort and daily connection with family, friends, and community.

Donations of products and financial support help keep the shelves stocked, and volunteers play a central role in creating a warm, welcoming, respectful environment.

Keeping *A Brief Stop* running smoothly depends on the community. Volunteer hours are flexible and meaningful. For more information contact CSC.



### AARP Free Tax Preparation Assistance

Appointments run Feb 5 - Apr 2

*This FREE tax preparation assistance service is provided by trained IRS/AARP Volunteers and intended for Older Adults who have lower income levels and simple returns.* AARP membership is not required. The volunteers can assist with Federal and Michigan 1040 forms and credits and amended returns. Returns are submitted electronically and you will receive a paper copy to take home. **For more information or to schedule an appointment call CSC.**

®



### Paper Shredding Service

® \$

#### *By Appointment Only*

Call to reserve a **two hour** time block, to patiently feed your papers **time** through the machine **yourself**. This machine is for **PAPER ONLY**. \*Prior to your appointment we encourage you to remove paper from folders and envelopes, take out staples, remove paper clips, etc. Check in at the CSC office, **\$10 donation per appointment**. To schedule an appointment CSC a call.



### Reflective Address Sign & Lock Box Programs

®

*CSC is offering free security lock boxes and reflective address signs for area seniors. CSC is partnering with the Chelsea Area Fire Authority (CAFA) to make these available to local seniors.*

The **Reflective Address Sign** is a highly visible (day or night) customized sign displaying your address that will assist emergency vehicles in locating your home. *NOTE: Resident is responsible for the installation of sign.*

The **Lock Box** is attached to your home and securely stores a spare key to your residence so emergency responders called to your residence will have the ability to access the key and enter to provide assistance without having to force down your door. *NOTE: These boxes are registered with and installed at no cost by CAFA staff. One box per household for residents 60 and older that live within the CAFA service area: Chelsea, Lima, Lyndon, Sylvan and parts of Dexter Township. NO Manchester or City of Dexter.*

**To register for either of these programs simply give CSC a call (734) 475-9242, during our business hours Monday through Friday, 8:30 a.m. to 4:00 p.m. When you register, CSC will provide further instructions.**



**Chelsea Senior Center**  
Building community  
Creating connections  
Enriching lives

### Senior Café Lunch:

- Reserve your Lunch by Noon the day before you plan to join us.
- If age 60+, \$3-\$5 donation suggested.
- If under 60 years of age, lunch cost \$5.
- You don't have to be a CSC member in order to enjoy lunch here.
- For info on Meals on Wheels give CSC a call.



Stay informed & connected!  
Do you get CSC's weekly  
Email Updates?

If not, send us an email from the address you wish to add to your membership profile. Make sure you add our email address to your 'Contacts' or 'Safe Senders' List so that our emails do not end up in your Spam or Junk folder.



CSC membership is required to participate in our activities and programs.

Remember to allow time to process your membership in the CSC Office.

<b>Mon 2 Feb</b> 8:30 Line Dancing 8:30 Indoor Pickleball 9:00 Bingo 9:00 Pool/Billiards 9:30 Gentle Yoga 9:45 Enhance Fitness 11:00 Improving Balance	<b>Tue 3 Feb</b> 12:00 Lunch: Sweet & Sour Chicken 12:30 Hand/Foot 12:45 Cramium Crushers	<b>Wed 4 Feb</b> 8:30 Indoor Pickleball 9:30 Onsite Ease the Day 10:00 TPIG Planning Meeting 10:30 Silver Maples/Friends Chair® 11:00 Movin'/Groovin® 12:00 A Brief Stop	<b>Thu 5 Feb</b> 11:00 Body Core Strength 12:00 Lunch: BBQ Potk Chair Massage appts AARP Tax Prep appts 9:00 Indoor Pickleball 9:00 TOPS Club 9:30 Onsite Ease the Day 10:00 Sewing Group 10:45 Enhance Fitness 9:45 A Moment for Me 10:00 A Brief Stop 10:00 Tech Support	<b>Fri 6 Feb</b> 12:00 Lunch: Ham or Turkey Sub Sandwich 8:30 Indoor Pickleball 9:00 Bingo 9:45 Enhance Fitness 10:00 Happy Tris/Hits® 10:00 Cribbage 10:00 Woodcarving 10:30 Begin. Tai Chi 11:40 Inter. Tai Chi
<b>Mon 9 Feb</b> 8:30 Line Dancing 8:30 Indoor Pickleball 9:00 Bingo 9:00 Pool/Billiards 9:30 Gentle Yoga 9:45 Enhance Fitness 11:00 Improving Balance 12:00 Lunch: Ham	<b>Tue 10 Feb</b> 12:30 Hand/Foot 12:45 Cramium Crushers 8:30 Indoor Pickleball 9:30 Onsite Ease the Day 10:00 Paper Crafts 10:30 Silver Maples/Friends Chair® 11:00 Movin'/Groovin® 12:00 A Brief Stop	<b>Wed 11 Feb</b> 8:30 Indoor Pickleball 9:00 Pool/Billiards 9:30 Onsite Ease the Day 10:00 Quilting 10:30 Birthday Lunch: Meatloaf	<b>Thu 12 Feb</b> 11:15 Ask an Expert 12:00 Lunch: Chicken Patty AARP Tax Prep appts 9:30 Board Meeting 9:30 Indoor Pickleball 9:30 Onsite Ease the Day 10:00 Sewing Group 10:45 Enhance Fitness 10:00 A Brief Stop 10:00 Tech Support 11:00 Body Core Strength	<b>Fri 13 Feb</b> 12:00 Lunch: Chicken Drumstick 8:30 Indoor Pickleball 9:00 Bingo 9:45 Enhance Fitness 10:00 Happy Tris/Hits® 10:00 Cribbage 10:00 Woodcarving 10:30 Begin. Tai Chi 11:40 Inter. Tai Chi
<b>Mon 16 Feb</b> 8:30 Line Dancing 8:30 Indoor Pickleball 9:00 Bingo 9:00 Pool/Billiards 9:30 Gentle Yoga 9:45 Enhance Fitness 11:00 Improving Balance	<b>Tue 17 Feb</b> 12:00 Lunch: Beef Hot Dog 12:30 Hand/Foot 12:45 Cramium Crushers 8:30 Indoor Pickleball 9:30 Onsite Ease the Day 10:00 Genealogy Help Group 10:30 Silver Maples/Friends Chair® 11:00 Movin'/Groovin® 12:00 A Brief Stop 12:00 Birthday Lunch: Meatloaf	<b>Wed 18 Feb</b> 8:30 Indoor Pickleball 9:00 Pool/Billiards 9:30 Onsite Ease the Day 10:00 Quilting 10:30 All-Day Quilting 10:30 Silver Maples/Friends Chair® 11:00 Movin'/Groovin® 12:00 A Brief Stop	<b>Thu 19 Feb</b> 11:00 Estate Planning Q&A Footcare appts 8:30 Indoor Pickleball 9:00 Pool/Billiards 9:30 Onsite Ease the Day 10:00 A Moment for Me 10:00 A Brief Stop 10:00 Tech Support	<b>Fri 20 Feb</b> 12:00 Lunch: Mac & Cheese 8:30 Indoor Pickleball 9:00 Bingo 9:45 Enhance Fitness 10:00 Happy Tris/Hits® 10:00 Cribbage 10:00 Woodcarving 10:45 Blood Pressure Checks NO Tai Chi
<b>Mon 23 Feb</b> 8:30 Line Dancing 8:30 Indoor Pickleball 9:00 Bingo 9:00 Pool/Billiards 9:30 Gentle Yoga 9:45 Enhance Fitness 11:00 Improving Balance	<b>Tue 24 Feb</b> 12:00 Lunch: Cheesy Chicken & Rice 12:30 Hand/Foot 12:45 Cramium Crushers 8:30 Indoor Pickleball 9:30 Onsite Ease the Day 10:00 All-Day Quilting 10:30 Silver Maples/Friends Chair® 11:00 Movin'/Groovin® 12:00 A Brief Stop 12:00 Lunch: Tacos	<b>Wed 25 Feb</b> 8:30 Indoor Pickleball 9:00 Pool/Billiards 9:30 Onsite Ease the Day 10:00 Quilting 10:30 Birthday Lunch: Tacos	<b>Thu 26 Feb</b> 12:00 Lunch: Turkey Reuben 12:30 Game Time 12:30 Jam Session 100 Sewing Group 9:30 Onsite Ease the Day 9:45 Enhance Fitness 10:00 A Brief Stop 10:00 Tech Support 11:00 Body Core Strength	<b>Fri 27 Feb</b> 11:40 Inter. Tai Chi 12:00 Lunch: Tuna Noodle Casserole 9:00 Lives Well Lived 9:45 Enhance Fitness 10:00 Happy Tris/Hits® 10:00 Cribbage 10:00 Woodcarving 10:30 Begin. Tai Chi



## CSC Travel Opportunities

**Hamtramck** **Thu Feb 12, \$132/person****WAIT LIST ONLY****Michigan Thrift Store Adventure****Thursday, March 19, \$95/person****Depart 8:00 a.m., Return 5:30 p.m.**

Price includes roundtrip coach transportation, lunch at Clara's on the River in Battle Creek, a shopping bag, and driver tip.

**\$25 deposit due at Registration. Full payment due Feb 19.****Frederik Meijer Gardens & Sculpture Park****Wednesday, April 22, \$90/person****Depart 8:00 a.m., Return 5:00 p.m.**Price includes roundtrip coach transportation, narrated tram tour of park and gardens, and driver tip. Lunch is on your own on-site. **\$25 deposit due at Registration. Full payment due Mar 22.****Holland Tulip Time** **Thu May 7, \$158/person****WAIT LIST ONLY****Traverse City Adventure** *Michigan***May 19-20, \$450/person****Depart 7:30 a.m. May 19, Return 5:00 p.m. May 20**Price includes roundtrip coach transportation, hotel lodging, one-hour walking historic asylum tour, G.T. butterfly house & bug zoo tour, gift certificate, lunch at Sleder's, shopping, driver tip, and more. **\$100 deposit due at Registration.****Full payment due Apr 20.****Canal Days** *Grand Rapids, Ohio***Wednesday, June 10, \$112/person****Depart 8:15 a.m., Return 5:30 p.m.**Price includes roundtrip coach transportation, stop at Jeffrey's Antique Gallery, lunch at Miss Lilly's, a mule drawn canal boat ride along Miami & Erie Canal, and driver tip. **\$25 deposit due at Registration. Full payment due May 10.****Bay City** *Michigan***Friday, July 10, \$137/person****Depart 6:45 a.m., Return 5:30 p.m.**Price includes roundtrip coach transportation, tour of Bay City, buffet lunch at Krzysiak's House, a 2-hour cruise down the Saginaw River aboard the Princess Wenonah, and driver tip. **\$25 deposit due at Registration.****Full payment due Jun 10.****Rum Runners\*** *Windsor, Ontario, Canada***Thursday, September 10, \$170/person****Depart 8:15 a.m., Return 3:45 p.m.**Price includes roundtrip coach transportation, Rum Runners tour, buffet lunch, and driver tip. \*This trip requires a passport or enhanced drivers license for entry into Canada. Tour is NOT wheelchair accessible and includes stairs. **\$25 deposit due at Registration. Full payment due Aug 10.****Smokey Mountain Fall Adventure** *Pigeon Forge, TN***Monday, October 19 - Friday, October 23****Single \$2199/person, Double \$1799/person**Price includes roundtrip coach transportation, lodging, tours, admission to events & attractions, and most meals. *Driver and Escort gratuities NOT included.* **\$100 deposit due at Registration. Full payment due Sept 19.****Registration:**

- Register in person, payment is required to register for a trip, no over the phone payment accepted.
- For your safety, we need emergency contact information for all travelers.

**Chelsea Senior Center  
Board of Directors**

<b>Chair</b> Paul Schissler	Kristy Fetyko Jaclyn Klein
<b>Vice Chair</b> Jon Bentley	John Knox Holly Ridenour
<b>Treasurer</b> Dave Schaible	Carl Schwarze Diane Weid
<b>Secretary</b> Allen Cole	Charlotte Wyche Heidi Reyst, <i>CSD representative</i>

**Senior Center Staff**

Jennifer Smith	<i>Executive Director</i>
Jon Van Hoek	<i>Assistant Director</i>
Meredith Nelson	<i>Administrative Coordinator</i>
Jan Scarbrough	<i>Bookkeeper</i>
Gina Frankhart	<i>Senior Services Coordinator</i>
Marcia White	<i>Member &amp; Volunteer Services Coordinator</i>
Emily Nagaonkar	<i>Ease the Day Program Manager</i>
Dawn Putnam	<i>Connections Coordinator</i>
Bonnie Beeman	<i>Senior Nutrition Program Coordinator</i>
Sam Angus	<i>Ease the Day Program Coordinator</i>
Diane Thompson	<i>Office Manager</i>



IN THE SENIOR

# spotlight

**Chuck Sell***Written by Sharon Kegerreis*

On Mondays, Chuck Sell plays billiards at Chelsea Senior Center for the camaraderie and the joy of executing the perfect shot. He escorts his longtime love Willie to CSC who enjoys bingo on Mondays and euchre on Fridays. Chuck's love for billiards evolved over many years, including during a stint in a competitive billiard league in Jackson.

When Chuck is not at Chelsea Senior Center, the longtime outdoorsman enjoys bow hunting, a skill and pastime he learned growing up in Ann Arbor in the 1950s. He also enjoys target shooting and is quick to extend his time outdoors mowing his lawn and moving along the street to mow neighbors' properties as a reciprocal neighborly gesture. Indoors, Chuck sometimes unwinds chatting with people across the world as a licensed amateur ham radio operator. He has conversed with other radio enthusiasts as far away as Bermuda; an interesting connection considering his familiarity with the region.

Long before retirement life, Chuck enlisted in the US Navy and served during the Cuban Missile Crisis. He was an aviation radioman and electrician on the P5M and the P3 Orion. As an air crewman, Chuck spent more than 1,000 hours in the air, including over Greenland, Iceland, Newfoundland, the Azores and Puerto Rico. A frequent flight path took him over the Bermuda Triangle. Though he did not know the infamous lore of disappearing ships and planes over the Bermuda Triangle at the time, once he retired from the military in 1965, he learned of its questionable reputation.

"There is a two-hour dead spot flying over the Bermuda Triangle where there is no communication," he shares.

Upon Honorable Discharge from the US Navy, Chuck married Wilma (Willie) on his 30<sup>th</sup> birthday in 1973. He worked for Michigan Bell as a switch installer before going to Washtenaw Community College and University of Michigan, earning an engineering degree. One memorable time working for "Ma Bell," he smartly used the help of a cat to "fish a wall," looping the wire through the cat's collar. With the help of the owner calling the cat, the wire was pulled through the ceiling properly for installation. After Ma Bell and graduating from UM in 1975, Chuck worked for Detroit Edison as an electrical engineer until his retirement.

Up until a recent bout of vertigo, Chuck was still navigating his Ultralight aircraft, a favorite on-again, off-again activity for many decades.

Chuck and Willie raised two children together who, tragically, have passed away. Keeping busy and staying connected has been vitally important to them; the Chelsea Senior Center is one connection that has been an important outlet for "getting out of the house" each week.

A vivid storyteller, Chuck is always willing to chat whether you're in the Chelsea Senior Center community room – or halfway across the world; in person, via ham radio waves or morse code as a continuous wave operator.

**Chuck Sell**

Chelsea Senior Citizens Activities Center  
512 Washington Street  
Chelsea, MI 48118

Nonprofit Org.  
U.S. Postage  
PAID  
Chelsea, Mich.  
Permit No. 21

February 2026

Your CSC membership expiration date  
is listed above your name →



**CSC is open Mon – Fri 8:30 a.m. – 4:00 p.m.**  
Phone: (734) 475-9242 Fax: (734) 562-2164  
Email: [connected@chelseaseniors.org](mailto:connected@chelseaseniors.org)  
Website: [www.chelseaseniors.org](http://www.chelseaseniors.org)  
Jennifer Smith, Executive Director

***In memoriam:***  
*Shirley Burg*  
*Stan Chrapek*  
*Nancy Kiel*  
*Marti Lobbstaedt*

**\*Inclement Weather Policy\*** The Chelsea Senior Center closes when the CHELSEA SCHOOL DISTRICT CLOSES for SNOW or ICE or EXTREME COLD. All programs, on-site congregate lunch, and home delivered meals are cancelled when CSC is closed for bad weather. Check local radio or television stations, or Chelsea School District's social media accounts, for closing information. If CSC is closed, our social media accounts and our telephone voicemail message will be updated stating the closure.

Chelsea Senior Center is a 501c3 organization funded by numerous community supporters: ***City of Chelsea, local townships of Dexter, Lima, Lyndon, Sylvan, Sharon, and the members and Board of Chelsea Senior Center.*** The Chelsea Senior Center complies with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973 and is an equal opportunity employer. Reasonable accommodations will be provided upon notification or request.